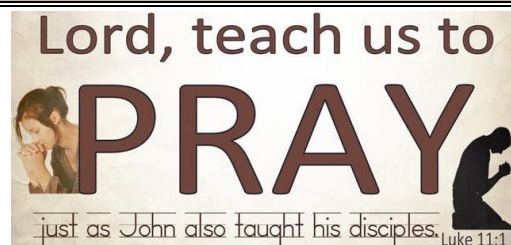


GLENCORRIB & SHRULE PARISH NEWSLETTER – 24th JULY 2022

Fr. Vivian Loughrey PP,
 Parochial House, Ramolin, Shrule, Co. Mayo H91 V2FK
 ☎ 093 31262 or email parishofshrule3@gmail.com
 Parish Website: www.shruleglencorrib.com
 Newsletter email: newsletter@shruleglencorrib.com
 Newsletter (Vol. 26 – 52)



Newsletter on Web: www.shruleglencorrib.com & www.mayo.ie

All Masses are on 101.4 FM and Facebook/Shrule Parish or on www.churchtv.ie Shrule Church is <https://www.churchtv.ie/shrule/> and Glencorrib Church is <https://www.churchtv.ie/glencorrib/>
SEVENTEENTH SUNDAY IN ORDINARY TIME (YEAR C) MASS DATES, TIMES & INTENTIONS

ST. JOSEPH'S CHURCH, SHRULE - Dedicated 1832

Sat	23 rd Jul	8.00 pm	Josephine Sheridan , Mocollogan	4 th Anniv
Sun	24 th Jul	11.00 am	Paddy Hughes & DM of the Hughes family , Bullaun and his granddaughter Leah Maria Hughes , Kille	19 th Anniv 18 th Anniv
Tue	26 th Jul	9.30 am	John & Delia Connolly	Anniv & deceased
Wed	27 th Jul	9.30 am	Sean McGuinness , Tobernadarry, Shrule	RIP 03/06/2022
Thu	28 th Jul	9.30 am	Nessa Clarke	
Fri	29 th Jul	7.00 pm	Adoration of the Blessed Sacrament – 7pm to 7.55pm	
		8.00 pm	Margaret & Tommy Geraghty , St. Mary's Road	10 th & 32 nd Anniv
Sat	30 th Jul	8.00 pm	Bridgie & Bill Joyce & DM of the Keady & Joyce families , Cahernabruck	11 th , 11 th Anniv & deceased
Sun	31 st Jul	11.00 am	Sean McGuinness , Tobernadarry, Shrule Mary & John Ryan and DM of the Ryan families , Dalgan Road.	RIP 03/06/2022 1 st & 12 th Anniv & deceased

CHURCH OF THE IMMACULATE CONCEPTION, GLENCORRIB - Dedicated 1876

Sat	23 rd Jul	6.30 pm	Michael & Nellie Hogan & DM of the Hogan, Biggins & Phew families , Rostaff	38 th & 70 th Anniv & deceased
Sun	24 th Jul	9.30 am	Sean Garvey , Gortbrack Martin & Margaret Kennedy & DM of the Kennedy family , Woodpark	8 th Anniv 27 th & 17 th Anniv & deceased
Wed	27 th Jul	10.10 am	Fergal Commins , Oranmore	RIP 28/06/2022
Fri	29 th Jul	6.00 pm	Adoration of the Blessed Sacrament: 6pm to 6.55 pm	
		7.00 pm	Maureen Patten , (Née Maye), Croydon, UK/Glencorrib	June 2022
Sat	30 th Jul	6.30 pm	Maureen Patten , (Née Maye), Croydon, UK/Glencorrib	June 2022
Sun	31 st Jul	9.30 am	Mark Molloy , Toorard Patrick Murphy and his brothers Gerard & Terence Murphy , Fountain Hill, Kilmaine John & Annie Newell & DM of the Newell family , Kilroe	14 th Anniv 3 rd & 13 th Anniv 39 th & 30 th Anniv & deceased

CHURCH ROTAS FOR JULY 2022

	SHRULE	GLENCORRIB
LAY READERS – Vigil Mass	Donagh Greaney	Caroline Craddock
LAY READERS – Morning Mass	Geraldine Casserley	Mary McNally
EUCCHARISTIC MINISTERS – Vigil Mass	Maura Mullin	Mairead Geraghty
EUCCHARISTIC MINISTERS - Morning	Phil Duddy	Michael Creaven
USHERS	Kilmaine Rd, Kille & Cahermaculick	Gortbrack / The Parks
ALTAR SOCIETY	Kilmaine Rd, Kille & Cahermaculick	Gortbrack / The Parks

THE JULY 2022 ISSUE OF SHARING THE GOOD NEWS, our newsletter for parishes and dioceses in now available featuring: National Novena at Knock Shrine to host a 'Synod Tent'; Photos from the National Pre-Synodal Assembly; Families take centre stage at the World Meeting of Families in Rome; Archbishop Dermot Farrell welcomes Apostolic Visitor for the Ukrainian Greek Catholic faithful in Ireland; We will continue to advocate that both lives matter – Archbishop Martin at Rally for Life 2022; Season of Creation Resources now available; Reek Sunday Pilgrimage to go ahead in traditional format this year ; Grandparents and the elderly need to know they are valued and cherished – Bishop Nulty; News in pictures: National Pre-Synodal Assembly in Athlone and Clonmacnoise. Log onto <https://www.catholicbishops.ie/2022/07/21/sharing-the-good-news-july-2022> to download the July issue: Full details can also be found on the parish facebook page and parish webpage.

WORLD DAY FOR GRANDPARENTS & THE ELDERLY ON SUNDAY 24th JULY 2022

... Continued from last week: One fruit that we are called to bring forth is protecting the world. "Our grandparents held us in their arms and carried us on their knees"; [5] now is the time for us to carry on our own knees – with practical assistance or with prayer alone – not only our own grandchildren but also the many frightened grandchildren whom we have not yet met and who may be fleeing from war or suffering its effects. Let us hold in our hearts – like Saint Joseph, who was a loving and attentive father – the little ones of Ukraine, of Afghanistan, of South Sudan...



Many of us have come to a sage and humble realization of what our world very much needs: the recognition that we are not saved alone, and that happiness is a bread we break together. Let us bear witness to this before those who wrongly think that they can find personal fulfilment and success in conflict. Everyone, even the weakest among us, can do this. The very fact that we allow ourselves to be cared for – often by people who come from other countries – is itself a way of saying that living together in peace is not only possible, but necessary. Dear grandparents, dear elderly persons, we are called to be artisans of the revolution of tenderness in our world! Let us do so by learning to make ever more frequent and better use of the most valuable instrument at our disposal and, indeed, the one best suited to our age: prayer. "Let us too become, as it were, poets of prayer: let us develop a taste for finding our own words, let us once again take up those taught by the word of God".[6] Our trustful prayer can do a great deal: it can accompany the cry of pain of those who suffer, and it can help change hearts. We can be "the enduring 'chorus' of a great spiritual sanctuary, where prayers of supplication and songs of praise sustain the community that toils and struggles in the field of life".[7]

The World Day of Grandparents and the Elderly is an opportunity to proclaim once more, with joy, that the Church wants to celebrate together with all those whom the Lord – in the words of the Bible – has "filled with days". Let us celebrate it together! I ask you to make this Day known in your parishes and communities; to seek out those elderly persons who feel most alone, at home or in residences where they live. Let us make sure that no one feels alone on this day. Expecting a visit can transform those days when we think we have nothing to look forward to; from an initial encounter, a new friendship can emerge. Visiting the elderly who live alone is a work of mercy in our time! Let us ask Our Lady, Mother of Tender Love, to make all of us artisans of the revolution of tenderness, so that together we can set the world free from the spectre of loneliness and the demon of war. To all of you, and to your loved ones, I send my blessing and the assurance of my closeness and affection. And I ask you, please, not to forget to pray for me! - FRANCIS

WORLD DAY FOR GRANDPARENTS & THE ELDERLY – 'BOOK OF REMEMBRANCE':

Last year, Pope Francis inaugurated the first 'World Day for Grandparent & the Elderly' to draw attention to the role and contribution grandparents and the elderly make to society, community and family. This year the World Day for Grandparents and the Elderly will be on 24th July, 2022. Last year, trees were blessed, and one is now planted in Glencorrib in honour of grandparents and the elderly. This year, the parish want to launch a '**Book of Remembrance**' where parishioners are invited to complete a simple form for each person they want to have included in the Book of Remembrance. The person may be a grandparent and/or elderly friend or neighbour who has passed away. The intention is the names will be written into a 'Book of Remembrance' will be remembered at every World Day for Grandparents and the Elderly from then on. Forms are available after Mass and throughout the coming weeks in church porches.



We always work for a better tomorrow. But when tomorrow comes, instead of enjoying, we again think of a better tomorrow!
Let's have a better today.

Please read the information on the other side of the form. Please note that owing to the short time left until July 24th, the 'Book of Remembrance' may not be ready in time, so any forms received will be used in lieu of the book and it is necessary to complete one form for each person.

A PRESENTATION TO FR. VIVIAN ON HIS SILVER JUBILEE will take place in after Mass in **Shrule Church on Saturday 23rd July**. Copies of the Silver Jubilee leaflet will be available.



MAYO CANCER SUPPORT will have their annual church gate collection at Glencorrib Church this weekend. All money raised goes directly towards support services for people affected by cancer & their families.

PLEASE REMEMBER WITH A PRAYER THOSE WHO DIED ON THIS WEEK IN FORMER YEARS

Surname	Christian	Village	Date Died	Age	Cemetery
O'Sullivan	Winifred	Glassvalley	23/07/1967	78	Killursa
Meenaghan	Mary	Cahernabruck	23/07/1980	90	Shrule
Flood	Mary	Ballynalty	23/07/1982	86	Cross
Jackson	Delia	Carheen	23/07/2006	90	Shrule
Geraghty	Tina	Shrule	23/07/2008	82	Shrule
Joyce	Bridgie	Cahernabruck	23/07/2011	87	Shrule
Sullivan	Thomas	Parks	24/07/1938	74	Killursa
Hyland	James	Ballisnahina	24/07/1970	71	Moyne
Burke	Michael	Cloonamealtogue	24/07/1979		Kilmaine
Burke	William	Moyne & Preston	24/07/1986	61	Killursa
Sullivan	Thomas	Parks	24/07/1938	74	Killursa
Hyland	James	Ballisnahina	24/07/1970	71	Moyne
Burke	Michael	Cloonamealtogue	24/07/1979		Kilmaine
Burke	William	Moyne & Preston	24/07/1986	61	Killursa
Byrne	Mary	Tubbersharave	25/07/1917	33	Shrule
Garvey	William	Gortbrack	25/07/1941	69	Killursa
Meenaghan	Thomas	Cahernabruck	25/07/1946	53	Shrule
Carty	Brigid	Carheens	25/07/1968	82	Shrule
Duddy	Thomas	Shrule	25/07/1969	94	Shrule
Sheridan	Josephine Bohan	Mocollogan	25/07/2018	52	Shrule
Murphy	Catherine	Shrule	26/07/1916	13	Shrule
Ward	George	Moyne	26/07/1930	61	Moyne
Devany	Thomas	Cahernabruck	26/07/1938	87	Shrule
Biggins	Mary	Old Ballynalty	26/07/1946	63	Moyne
Lawless	Patrick	Wakefield	26/07/1955		Shrule
Flynn	Thomas	Glassvalley	26/07/1972	86	Killursa
Gallagher	Brigid	Dalغان	26/07/1974	90	Shrule
Molloy	Mark	Toorard	26/07/2008	2	Moyne
Murphy	Maisie	Shrule	26/07/2011	86	Shrule
Handel	Imelda	Birmingham	26/07/2011	82	Shrule
Monahan	Margaret	Ballycurrin	27/07/1959	85	Killursa
McDonagh	Annie Francis	Carramore	27/07/1994	57	Shrule
Martyn	Anna	Shrule	28/07/1924	84	Shrule
Martyn	Brendan	Shrule	28/07/1989	66	Shrule
Greally	John	Wakefield	28/07/2009	87	Shrule
Keleghan	John J. (Old IRA)	Shrule	28/07/1920	21	Shrule
Connell	James	Tubbersharave	29/07/1925	55	Shrule
Davin	John	Carheen, Dalغان	29/07/1947	79	Shrule
McCarthy	Margaret	Dalغان	29/07/1960	69	Shrule
Hughes	Ann	Brackloon	29/07/1997	86	Shrule
Hughes	Michael	Brackloon	29/07/1997	46	Shrule
O'Rourke	Gerry	Mallow	29/07/2011	36	Shrule
Whelan	Brian		30/07/1922		Killursa
Quinn	Redmond	Moyne	30/07/1976	c.70	Moyne
Gibbons	Patrick J.	Galway	30/07/1986	64	Shrule
O'Neill	Thomas	Mohologan	30/07/1986	83	Shrule
Geraghty	Margaret	St. Mary's Road	30/07/2012	95	Shrule
Keady	Bridie	Knockroon	30/07/2012	94	Kilmaine
Donohue	Margaret(Peg)	Glencorrib	30/07/2013	91	Moyne
Barrett	Mary	Gorthbrack	31/07/1928	75	Killursa
Mohan	Raymond	Toorard	31/07/1952	73	Moyne
McGath	Patrick	Glassvalley	31/07/1971	69	Killursa
Hogan	Michael	Rostaff	31/07/1980	71	Moyne
Higgins	Nell	Dalغان Road	31/07/2001	90	Kilmaine

MAYO CANCER SUPPORT Mayo Cancer Support Assoc. will host its Annual Public Meeting on Monday 25th July next in Bridge St Bar, Main St Castlebar at 8.30pm. All are welcome to attend. ☎ (094) 9038407 for more info.

ANNUAL REEK SUNDAY PILGRIMAGE at Croagh Patrick on Sunday next 31st July. Confessions on the summit 7.30am - 2pm. Mass hourly from 8am - 2pm

PLEASE REMEMBER WITH A PRAYER THE RECENTLY DECEASED:

Hugh Duffy, Lenaboy Gardens, Salthill, Galway (Comdt. Retired) FCA, Salthill and Duffy's Fishing and Shooting Shop, Mainguard Street, Galway. Brother of Cormac Duffy, Glencorrib. Funeral of Hugh took place on Thursday last 21st July 2022. RIP.



COVID PRECAUTIONS: As we experience this latest wave of Covid infection, parishioners are once again encouraged (it's not compulsory) to wear face masks in church and to sanitise their hands on entering and leaving Mass. Small things count.

THE CATECHISM OF THE CATHOLIC CHURCH ADULT STUDIES is promoting a **pilgrimage to Knock on Saturday 30th July**. The theme is "The Catechism of the Catholic Church: A Pearl of Great Price left on the Shelf". Fr John Harris OP, Prior Provincial of the Irish Dominicans, will lead a workshop from 11.30am to 12.30pm. Outdoor Stations of the Cross & Rosary Procession @ 2pm followed by celebrated Mass at 3pm. More info on www.catechism.ie or ☎ Martin on 087-7950325

QUOTE OF THE WEEK
"Be the change you want to see in the world"

THERE'S NO STORM THAT GOD WON'T CARRY YOU THROUGH. No bridge that God won't help you cross. No battle that God won't help you win. No heartache that God won't help you let go of. He is bigger than anything you will face today. Leave everything in His hands and embrace this day confidently knowing that He will take care of you.

NATIONAL GRANDPARENTS' PILGRIMAGE
Celebration of the World Day for Grandparents and the Elderly 2022 @ 3pm on Sunday 24th July in Knock Basilica
Principal Celebrant: Archbishop Francis Duffy, Archbishop of Tuam and Patron of the Catholic Grandparents' Association who will lead the pilgrimage and the celebration of the second World Day for Grandparents and the Elderly at Knock shrine.
2pm: Anointing of the Sick
3pm: Pilgrimage Mass followed by the Rosary



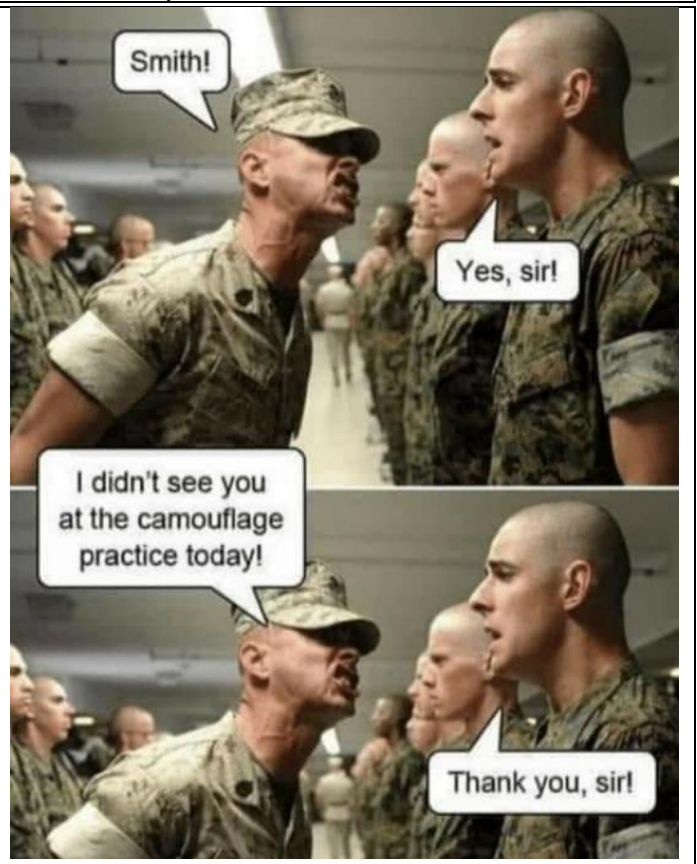
BE SAFE OUT THERE THIS SUMMER:
Schools are closed and families are going on holidays. May everybody be safe on the roads and at the seaside during the Summer. There have been some sad reports recently in the media of disasters and deaths on the roads. God between us and harm. May everybody have a holiday free from sadness and fear.
We welcome all visitors to our parish. We hope that you have an enjoyable stay with us and return home safely, refreshed and revitalised. To all those going away for their holidays, we hope that you travel safely, have an enjoyable experience and return home rested and refreshed. Our ancestors were devoted to God and had a prayer for every occasion. May the girdle of Jesus and Mary Be around us on our journey May we have a safe trip And benefit from every inch. Amen

A LITTLE BIT OF HUMOUR:

- Diesel prices are so huge at the moment that I went to the car dealership and test drove 3 cars to run m errands. Follow me for more money saving tips.
- Beware of a new Amazon scam. My husband ordered some expensive jewellery, but motorbike parts came instead. Thankfully they fit his bike.
- A man has been stealing wheels off Garda cars. The Guards are searching tirelessly to catch him!
- Here's a question: If last Monday, the hottest day since 1888 is caused by global warming, what caused the actual hottest day back then?

HOW DO YOU CHANGE THE WORLD?
Hold the door for the person behind you.
Let someone into your lane of traffic
Return your shopping trolley
Pick up a piece of rubbish.
Small acts will have a ripple effect.
That's how we change the world.

FUN FACT: It is faster to say 'world Wide Web' than 'www'



HOMEINSTEAD – MAYO

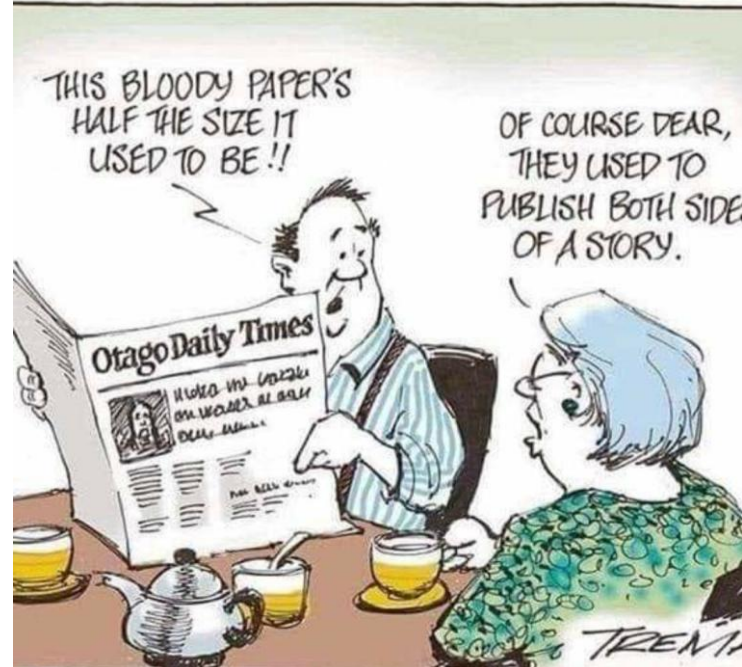
With the current shortage of qualified Caregivers we are actively recruiting Caregivers to service all the clients who need care particularly in the locations below:

Louisburgh, Westport, Swinford, Ballinrobe, Cong, Shrule, Kilmaine, Ballyhaunis, Ballina, Castlebar, Knock, Kiltimagh, Foxford, Knockmore, Partry, Ballintubber, Belmullet, Kincon, Crossmolina, Killala

For further info please email: info.mayo@homeinstead.ie or phone our office on **094 9044785**. Caregiver Recruitment Day in **Claremorris & Ballinrobe on Wednesday 27th July 2022**.

Claremorris: 10am – 12noon @ Curam Family, Centre, D'Alton Street, Claremorris, Co Mayo

Ballinrobe: 2pm – 4pm @ St Marys Parish Office, Main Street, Ballinrobe, Co Mayo



11. Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote: "The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?" she asked. "Sure," said the young boy confidently. "It means carrying a child."

GALWAY DIOCESAN PILGRIMAGE TO LOURDES will take place on September 22nd – 27th. Led by Bishop Michael Duignan. Full fare (including transport to and from Galway/Shannon) €785. Info from: Fr Martin Moran, Galway. ☎ 0872508959. Bookings, reservations & enquiries to: Joe Walsh Tours ☎ 012410800 / email info@joewalstours.ie There are a limited number of places available.

CLOTHES BANK: Glencorrib Kilroe Community Centre has been approached by Solas Family Resource Centre, Headford to facilitate a clothes bank at the community centre. We would be very grateful for your support. Solas FRC provide an invaluable service to the area.

LIVING WELL is a free online group programme delivered over six workshops (2.5 hrs x 6).

It is delivered by trained leaders, most of whom are also living with a long-term health condition.

You will develop self-management skills and confidence to live well with your health conditions.

Free online Living Well Programme – next programmes commences on (Limited Places)

Monday 5th September 10.30am-1pm - Wednesday 7th September 7pm-9.30pm and Tuesday 20th September 10.30am-1pm.

You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme.

Please contact Liam Gildea on 086 014 2675 or by email at lgildea@southmayo.com



RENVILLE CEMETERY MASS:

Parishioners, who may have departed loved ones buried in Renville.

Renville Cemetery Mass: 6.30pm August 1st (Bank Holiday Monday).

If weather conditions are poor, Mass will be offered in Oranmore Church instead.

Fr Diarmuid Hogan, Oranmore parish.

- **MAYO CANCER SUPPORT** provides FREE support services to those affected by cancer. ☎ 0949038407.

- **BEREAVEMENT SUPPORT GROUP** meets every Wednesday at 11am at the Family Centre, Knock. All welcome. Further info from Monica Morley, Knock Shrine. ☎ 094-9375320.

PYX REMINDER: If you got the loan of a Pyx from either Shrle or Glencorrib church and are no longer using it, could you return it to the church. Thank You.

DID YOU KNOW YOU CAN HAVE YOUR GROUPS AMENITIES LISTED ON MAYO PPN COMMUNITY INTERACTIVE MAP?

If you are interested and haven't yet shared your details, all you need to do is fill out a quick questionnaire with the following: Your group's name, contact phone number, groups email address, short bio of your group's services. Use link - <https://forms.office.com/r/FfmriDfEqB>

More info ☎ 094-90 64358

MAYO PPN – YOUR VOICE – YOUR COMMUNITY

JESUIT WEEK is returning to Knock Shrine this year. Each session will be available to attend in-person, and will also be live-streamed on the Knock Shrine website and Facebook page. Jesuit Week runs from Sun 24th – 31st July with three sessions per day at 10.30 am and 4.30 pm in Knock Basilica and at 8.30pm in the Apparition Chapel. The retreat will be led by Ashley Evans SJ

**A father said to his son:
Be careful where you walk.**



**The son responded:
You be careful, I walk in your footsteps**

Each moment in a day
has it's own value.
Morning brings Hope
Afternoon brings Faith
Evening brings Love
Night brings Rest
Wish you find them all
today.

Gujaratipictures.com

Good Morning

ART EXHIBITION: Moycullen artist Sara Kyne is showing her collection of oil paintings, entitled "People for Others", in Galway Cathedral till Saturday 30th July. These portraits honour twenty people who have founded or who run charitable foundations, including Fr Peter McVerry, Christina Noble, Sr Stan Kennedy, and Sr Consilio Fitzgerald. Sara hopes her exhibition will encourage donations to the charities.

ARE YOU LIVING IN IRELAND UNDOCUMENTED?

Do you know someone who may be an undocumented migrant? Undocumented people can apply for a legal status now. Applications for the new government undocumented scheme are open until 31st July. Don't miss this life changing opportunity. To check your eligibility and get support to apply visit the Migrants Rights Centre Ireland website www.mrci.ie or email info@mrci.ie or ☎ 083-0755387.

WHAT IS A PILGRIMAGE?

A Pilgrimage is a visit to a holy place to spend some time in prayer and meditation. The first pilgrimages were made to the Holy Land and to places connected to the ministry of Christ. Pilgrimages are an ancient custom in Ireland dating back to the fifth and sixth centuries. Each summer, thousands visit Lough Derg in Co. Donegal or Knock and Croagh Patrick, Co. Mayo. Croagh Patrick is known as Ireland's holiest mountain looking out on Clew Bay. According to tradition, people have climbed the mountain from the Stone Age to the present day. St. Patrick spent forty days there fasting and praying in 441AD. His bell was there for many years. A statue in his honour was erected there in 1928 and this is the first station for the pilgrim. Next Sunday 31st July is the traditional day of pilgrimage. Mass is celebrated in the Church at the summit.

A little prayer on your Pilgrimage

Lord, make us prophets of our times, pilgrims, not wayfarers.

May each day begin with prayerful preparation, opening our hearts to a spirit of loving repentance.

Amen.



PARISH NOTES:

WAYS TO MAKE CONTRIBUTIONS:

With the resumption of public liturgies, the following ways now in place to make contributions. These contributions make the works been carried out possible. Thank you for your continuing support in these unfamiliar times. At weekend Masses, Shrule Post Office. Drop off at Parochial House (Tuesdays, 10.30 am - 12noon) or Curates' House (Wednesdays, 10.30 am - 12noon) or Banking Online or Standing Order. Details of each church bank account have been provided below.

○ **Shrule Church:**

- Bank: Ulster Bank Ireland DAC
Account Name: Shrule Church Finance Committee:
IBAN IE10ULSB98525010138070 and
BIC: ULSBIE2DXXX

○ **Glencorrib Church:**

- Bank: Ulster Bank Ireland DAC
Account Name: Shrule Glencorrib Church:
IBAN IE97ULSB98525010138153 and
BIC: ULSBIE2DXXX

With banking online please ensure **full name is given** as reference when making the standing order or Account transfer, so the parish has a record of who has made their weekly contribution through each bank account. This is **very important** for the Charitable Donation Scheme. Thank you for your continuing support. **Welcome to those Outside of Parish:** People outside of the parish are most welcome to attend public liturgies in the parish. Please observe guidelines. Regarding contributions please continue to support your parish and use your own parish envelopes. It is standard practice for envelopes to be returned to their respective parishes.

CHURCH ENVELOPES: In the current environment, the use of the envelopes is essential while the regular method of collections during the liturgy is not taking place. The income from these envelopes ensures the parish can continue to **pay its regular bills and continue with the renovations** taking place in both churches. Your support and generosity is essential & greatly appreciated. Remember it is possible to leave the envelopes in Shrule post office as well as donate online. Further information is found on the page attached to the Parish Envelopes 2022. If you are using the envelopes available at church, and are planning to apply for charity tax rebate, please write your name and envelope number on envelope.

SPIRITUAL COMMUNION PRAYER:

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER FOR VOCATIONS:

Heavenly Father, we praise you and thank you for all you have done for us. We thank you especially for sending your Son, Jesus Christ, to visit and save us. We ask you to bless our family and all the people of our parish, especially those who are suffering in any way. Encourage those in our parish whom you invite to become priests, religious and permanent deacons, and grant them the generosity of mind and heart to follow your call. May they bring good news to our world today. We ask this through Jesus Christ, our Lord. Amen.

SHRULE PARISH is committed to the protection of all children and young people in our Church. Please see the notice boards for contact details.

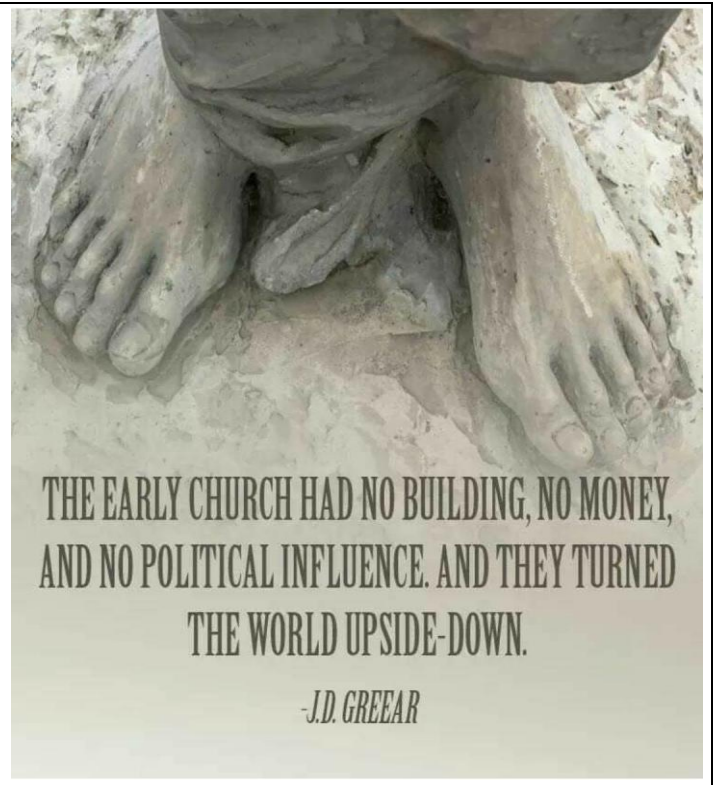
SHRULE PARISH OFFICE OPENING HOURS:

Shrule - Parochial House Tuesdays 10.30am to 12-noon

Glencorrib - Curates House (Sunny Days) Wednesdays 10.30am to 12-noon

WOULD YOU LIKE TO BECOME MORE INVOLVED IN THE PARISH?

If you are interested, please call into the sacristy after Mass or during parish office opening hours or email parishofshrule3@gmail.com Thank You.



WORLD DAY OF GRANDPARENTS AND THE ELDERLY

On Tuesday 26th July we celebrate the Feast of St. Joachim and St. Anne, parents of the Blessed Virgin Mary and grandparents of Jesus. The Sunday before the Feast is now designated as World Day of Grandparents and our Elderly.



World Day
for Grandparents
and the Elderly
2022

Some ideas of activities we could all do with our grandparents and our elderly.

1. Make something special (e.g. a picture, a poem, a treat)
2. Ask them to pass on knowledge (learn to bake, cross-stitch, catch a fish, use a hammer)
3. Interview (ask questions about their lives)
4. Have a sleepover and watch a film together
5. Play cards together (ask them to teach you how to play cards)
6. Make a family tree with photos or hand drawn images of family members
7. Offer to do tasks around the house and garden
8. Create a card and tell them you love them
9. Share old photo albums and tell the stories behind the pictures
10. Say a prayer together or ask them to teach you how to pray

Prayer for a Blessing on a Long Life

God of mercy, you have given your children the gift of long life, and they ask for your blessing. Let them feel the tenderness and strength of your presence
As they look back to the past, let them rejoice in your mercy.
As they look to the future, may they persevere in hope that does not fade.
To you be praise and glory forever.

Prayer for Blessings of Grandparents

Lord God almighty,
Bless our grandparents with long life, happiness and health.
May they remain constant in your love and be living signs of your presence to their children and grandchildren.
We ask this through Christ our Lord.
Amen

THE SEVENTEENTH SUNDAY IN ORDINARY TIME. This Sunday is dedicated to Grandparents and the Elderly throughout the world. The theme for this World Day is "they still bear fruit" Psalm 92:15. Let us always appreciate the gifts of Faith and good practice bestowed on us by our grandparents and forebears. Lord, we pray eternal rest for those who have died and may your blessing come down upon us, cherishing and protecting us now and always.

Last week we were reminded about safety on the farm. We must always be aware of the risks on the farm and be extra vigilant especially at this time of the year. Lord, protect us and never allow us to be careless.

O King of angels, apostles, and martyrs, O King who suffered torment and insult, O King who sanctioned Peter to bind and loosen, Bring our souls safely to Paradise. Amen.



Few people know, but the tiny pocket on your jeans is for your salary



**JUST A THOUGHT:
MEDALS OF FRIENDSHIP: THE HEART-WARMING STORY OF THE 1936 OLYMPICS**
Shuhei Nishida and Sueo Oe refused to be divided by their medals

The 1936 Summer Olympics in Berlin was very controversial. Adolf Hitler personally saw the event as a way to promote the Nazi party's idea of white supremacy. Many countries debated boycotting the Games not only on moral grounds but also because there were serious concerns about the safety of Jewish athletes. Even so, a couple of inspiring moments managed to shine through. African American sprinter Jesse Owens won four gold medals and two Japanese athletes created the so-called "Medals of Friendship."

Pole Vault at the 1936 Olympics

85 years ago, 25,000 spectators watched American Earle Meadows clear the impressive height of 4.35m in the pole vault. It was enough to earn him a gold medal at the Berlin Olympics. Two Japanese athletes competed for second place Shuhei Nishida and Sueo Oe. However, the final standings were yet to be decided as Nishida and Oe achieved the exact same result. The judges wanted them to jump again for the silver but Nishida and Oe flat out refused.

The pair weren't just world-class athletes, they were also close personal friends. So, out of respect for each other's skills, they asked the Olympic organizers if they could share the silver medal. This time, it was the judges who flat-out refused. The Japanese team was told to decide between themselves who should go home with which medal.

Behind the Dilemma

After deliberating, it was decided that Nishida would take the silver. There are many theories as to how they came to this decision. The most popular one says that since Oe cleared the jump-off height of 4.25m on his second attempt while Nishida did it the first time, the former got the bronze medal. Although, some sources also claim that Nishida's age contributed to the decision. As Oe was four years younger, he showed reverence to his "senpai" (someone in a higher hierarchical position, usually due to their age). Yet other sources say that Keio University student Oe agreed to the bronze because, as the younger athlete, he had more chance of taking gold at the next Olympics, so he might as well let Nishida have the silver medal. However, all of these theories stand at odds with what the two men did next.

Clearly not happy with the official results of the competition, they decided to take matters into their own hands and fix it.

Creating the Medals of Friendship

Upon their return to Japan, Nishida and Oe went to a jeweller and asked him to cut both medals in half. Then they had the silver and bronze halves welded together to create two prizes that they felt better reflected their real accomplishments. A hybrid silver-bronze medal for each athlete. The two medals eventually became known as "the medals of friendship."

That doesn't mean they weren't competitive. Nishida and Oe were planning a rematch at the 1940 Olympics, which was supposed to take place in Tokyo before getting moved to Helsinki and ultimately being cancelled altogether due to the outbreak of World War II. The next opportunity for the two athletes to compete against each other at an Olympics would have been in 1952, but sadly Oe was killed during the war. Nishida ultimately lived to be 87, dying of heart failure in 1997. In 2005, the Japan Association of Athletics Federations (JAAF), of which Nishida was the honorary vice chairman, donated his medal of friendship to Waseda University, where he studied. It remains there to this day.

It's important to remember that competition is not the only goal of the Olympics. It also stands for peace and friendship. This story embodies exactly that.



NATIONAL NOVENA AT KNOCK SHRINE - 'A JOURNEY IN HOPE'

The National Novena to Our Lady of Knock will take place from Sunday 14th – Monday 22nd August, offering nine days of reflection and prayer and a chance to connect with your faith in the unique and sacred space of Knock Shrine. This year's theme is 'A Journey in Hope'.

Following a two-year break due to the pandemic, Fr Richard Gibbons hopes to make this year extra special for all who will be travelling to the Shrine to take part.

"The purpose of the Novena is to recognise the unique role that Knock, as an International Eucharistic and Marian Shrine, has to play in the life of the Irish Church and to honour Our Lady.

So many of the people who joined us online over the course of the pandemic are now coming back to visit the Shrine which is great to see. The Novena is always a very special highlight of the year, and we are delighted to be able to proceed with it this year.

We look to the future with the hope of renewal, for God's guidance and pray that this Novena will offer pilgrims the chance for thought-provoking reflection and discussion. "

Ceremonies will take place at Knock Basilica at 3pm and 8pm over the course of the nine days with guest speakers present during each ceremony. There will also be the special candlelight procession, a traditional feature of the Novena at Knock, which takes place following the 8pm ceremony (weather permitting).

On Thursday 18th August, Knock Shrine will hold a special Day of Prayer for Peace in Ukraine and are inviting people from the Ukrainian community in Ireland and host families to attend.

Family Day: Sunday 21st August is the Anniversary of the Apparition which will coincide with the Family Day. Taking place from 11am-3pm in the beautiful grounds of the Shrine, the Family Day is a lovely opportunity for families to get together to enjoy a range of fun activities. All events and activities are free of charge and will take place on the beautiful grounds of Knock Shrine, close to the award-winning Knock Museum and Café Le Chéile. There will be outdoor activities taking place on the green (weather permitting) and marquees with indoor workshops, games and more.

Engaging with the Synod: A unique feature of this year's Novena will be the 'Synod Tent', where members of the public will be invited to learn more about the Synod and what it means for all of us. It will also provide an opportunity for us to listen to what you think Knock Shrine has to offer you and the Church in Ireland at this critical juncture in our history.

Novena Programme: Guest Speakers & Homilists

Sunday 14th August

3pm: Most Rev Tom Deenihan, Bishop of Meath - What is Christian Hope?

8pm: Cormac Henry, former Youth Volunteer at Knock Shrine - What Gives me Hope Today?

Monday 15th August

3pm & 8pm: Roseanna Ruane, mother of Saoirse Ruane - The Power of Prayer in Difficult Times

Tuesday 16th August

3pm & 8pm: Dr Nicola Brady, Chair of the Synodal Steering Group - The Synodal Pathway: What have we learned and what will we do?

Wednesday 17th August

3pm & 8pm: Fr Terence Harrington OFM Cap - How Can I Have Hope in my Brokenness?

Thursday 18th August

3pm & 8pm: Halyna Teslyuk, Ukrainian Catholic University, Lviv, Ukraine - A Hope that Inspires

Friday 19th August

3pm & 8pm: Lauren Conroy, Student - My Faith Story

Saturday 20th August

3pm: Fr Michael McKeever, Diocesan Secretary, Diocese of Raphoe - Eucharist: a Sign of Hope

8pm: Professor John Feehan, Geologist, Botanist, Author and Broadcaster - God in Everything that Lives: A Reflection on Laudato Si

Sunday 21st August, the Anniversary of the Apparition

3pm Most Rev Kevin Doran, Bishop of Elphin - They will take their place at the Feast

8pm Fr Richard Gibbons, PP and Rector, Knock Shrine - Knock – the Vision of Hope

Monday 22nd August

3pm & 8pm Most Rev Francis Duffy, Archbishop of Tuam - The Call of the Lord

Further details can be found at <https://www.knockshrine.ie/church-services/national-novena/>



WEATHER PISEÓGS ~

I wrote this poem about Weather Piseógs. The sayings about coloured skies predicting the weather always fascinated me. When I hear any of those sayings I remember a man who used to walk up and down the road along side his bike past my home house every day when I was a child - his name was John McGing R.I.P. - he was often spoken about as an expert on the weather.

Weather Man

Weather forecasting minds of yore,
Learned to step outside the door,
Taught by land, sea and sky,
Nature speaks to observant eye.
Harvest by hand hellishly earned,
Flora and Fauna eagerly learned,
Wildlife omens lead the way,
Coloured skies foretell the day.
When fiery red lights up the morning,
Shepherds know to heed the warning,
Flaming reds paint skies at night,
Tomorrow pledges the Sun's delight.
If spiders weave in corners dark,
Bad weather on the calendar mark,
But webs upon the dew of Spring,
High in the sky the sun will sing.
When cows gather and bunker down,
Rain will come enough to drown,
Far from home, horse or hen won't stray,
Further predicting the rainy day.
Morning Sun Rays convey high winds,
Evening Sun Rays and calm descends,
To warn of frost the snipe will shout,
The curlew cries when clouds are out,
If the badger shields the door of sett,
Winter will be early and very wet,
Easily interpret what the birds foresee,
Observe the nests within the tree,
Right on top for climate dry,
Sheltered in leaf if sun is shy.
Mother Nature is an open book,
Be still, Be quiet, listen & look,
The animal kingdom leads the way,
Pay attention and you'll know the day.



Inspired by
John McGing
R.I.P.

