Burrishoole Parish
July 11th/12th 2020
Fr Tod Nolan P.P. 098 42665
Parish Office 098 41123

Open, Tue & Thu 11am-3pm,
Book Masses, Baptisms & Marriages; get certs &
Mass cards. Items for Newsletter by Thursday
3pm. Email: burrishooleparish@gmail.com
Facebook: Burrishoole Parish

Due to Covid 19 the Printers are unable to supply pre-printed newsletter templates.

The Unseen Virus

My dad was a great man for a daily routine; Up at the same time everyday, at work by 9.15am, lunch at 1.30pm and dinner at 6.30pm. (meal times in our house were organised around RTE radio news times!). In the evenings no matter what was on or where he had to go he would always be home for the 9pm news on telly! Even when dad retired he kept a strict routine – still broadly based around news times and we as a family, no matter where we were in the world, always knew exactly where he was on any given day.

I think I might have inherited a little (a lot!) of dad's love for routine. Almost despite myself I hate when my regular routines are disrupted. I like to get the newsletter done on a certain day and the few words prepared on another. I do my washing on a particular evening its only on Saturday mornings that I have toast! Routine is important. It gives rhythm to our lives and a sense of security which assures us that all is well.

The Coronavirus has disrupted all of our lives and many of the daily routines which we took for granted. Most of us can cope with minor interruption to our schedules but for others the breaking of regular daily patterns has had an unexpected and even detrimental effect on their lives and on their health.

The effects of Coronavirus go much deeper than its physical symptoms and the toll that the sickness exacts on the body. None of us has been immune to its effects. Simple things like the lack of social engagement with others, the inability to hold and even to touch those we love, the impossibility of getting out for a change of environment, the sheer sense of powerlessness in the face of the incessant reporting of the spread of the virus has had a huge effect on the mental health of many, many people. Although we have for the most part, thank God, escaped the worst physical effects of the virus all of us have in fact been affected in ways which we

scarcely imagined. Even those who project an aura of calm control may be silently feeling a sense of unease and vulnerability due to the strange times in which we live.

It's no surprise that this time of restriction has seen a noticeable increase in people experiencing mental health issues. When the simple and ordinary routines of life, which buttress our everyday existence and provide us with a sense of security, are taken away many of us are left shaken and feeling vulnerable.

Our mental health is as real and just as important as our physical health and yet we are often inclined to ignore or diminish its significance in our lives.

We know only too well the physical symptoms of Covid 19, but the virus can affect us in ways which may not be as obvious. If you are anxious about your own mental health or the mental health of someone you know speak to someone, contact the experts, help is only a phone call away.

God Bless, Fr Tod

First Holy Communion

First Communion in Newport will take place on Saturday, August 22nd. Due to social distancing requirements and in keeping with best practice in health and safety the class of 30 will be divided into two groups and two ceremonies will be celebrated (11am and 1pm). Because numbers are restricted each family will be assigned a pew which will take 8-10 family members.

The Covid 19 Pandemic has affected almost every aspect of our lives and has deprived us of so much of what we had previously taken for granted. Unfortunately, this is also true for how we gather as church and how we celebrate our faith together. As a parish community, and with the support of their parents we will do everything possible to make this year's celebration of First Communion as special and as meaningful for the children as we can.

A date has yet to be decided for First Holy Communion in Mulranny Church.

Mass Schedule

Weekend Masses with a congregation will recommence on the weekend of July 25th/26th.

Weekday Masses are open and parishioners are welcome to attend.

Saturday	7pm	Radio and Facebook
Sunday	10am	Radio and Facebook
Monday	10am	Tiernaur
Tuesday		No Mass today
Thursday	10am	Newport
Friday	10am	Mulranny

Envelope Collection

Thank you for your ongoing support of your parish and of your priest. It is deeply appreciated. The Priest's Summer collection (Blue envelope) is now being accepted. Envelopes can still be dropped in the letterboxes of either Parish house.

Parish Rotas

Parish Rotas for all church ministries have been suspended for the time being.

A huge thank you to all the kind volunteers who have volunteered to clean and sanitize our churches each week and to those who have agreed to become ushers. Even while there are no public weekend Masses the cleaning and sanitizing of the churches will continue in order to allow us to invite a congregation to our weekday Masses

American Tea Party

Invite your family and close friends to an evening of food and entertainment in your own home and raise badly needed funds for our local Mulranny/Tiernaur Amenity Centre. The Centre is the hub of Mulranny/Tiernaur Villages and hinterland and provides a venue for community meetings/ sports / social gatherings and exhibitions.

Be part of the biggest American Tea party ever on Saturday 18th and Sunday 19th July

Gather the family for Sunday Lunch, have a BBQ or have a Cheese & Wine Party. Ask your family and friends to donate €10 each or whatever they can afford. Register now by texting Mary 086 1683894 \ Teresa on 087 2487481. See also Mulranny/Tiernaur Facebook Page.

Donations Accepted. Your support is much appreciated - Covid 19 - Please adhere to Government Guidelines

Alzheimers Assistant

Western Alzheimers Mayo are currently recruiting for Healthcare Assistants to join our In-Home Support Services team under our CE scheme. This is a great opportunity for anyone looking to get back to work or start a new career.

Further details available from WA Office in Ballindine 094 9364900 or by contacting your local Intreo office. DSP criteria apply

Time for some Gardening?

The recent weather has seen a spurt of growth in our gardens and Burrishoole Graveyard is no exception. There is always lots of weeding and tidying up to be done on a regular basis and the graveyard committee would be delighted if people with spare time would visit the graveyard and do some weeding around the flower beds and paths. The graveyard is sufficiently big enough for social distancing not to be compromised and the work can be done at any time of day and at your own pace. The Committee thanks those who have already given time and who have done such excellent work. All are encouraged to please come and help.

Eucharistic Adoration

Eucharistic Adoration is suspended. The Churches of our Parish remain open. Please feel free to pop in to say a prayer.

Death Notice

We pray for the soul of Breda Cassidy, Roscommon, sister of Malachy Ruane, Roskeen and Tony Browne, Westport father of Ann O Donnell, Newport

We extend sympathy to the family and friends of the deceased. May they rest in peace.

Weekday Mass Intentions

<u>Daily Mass at 10am:</u> *No Mass Tuesday*Cecily and Sini Breen, Derrada, Peter and Helen
Mc Nea, Carrowsallagh, Martin and Annie
Geraghty and deceased family members, Cortoon

Weekend Mass Intentions

Saturday July 11th at 7pm:

The People of the Parish

Sunday July 12th at 10am:

Martin Hughes, and deceased members of the Hughes family, Derrada. Peter and Annie Ryder Kilbride and deceased members of the Ryder and Madden families. Jim and Mary Kay Mc Manamon, Chicago. Deceased members of the Mc Manamon and Heneghan families

Saturday July 18th at 7pm, Tiernaur:

Thomas Moran (Sonny) and deceased members of the Moran family, Sandhill.

Sunday July 19th at 10am, Newport:

Ann Kilroy, Carrabawn, Paddy and Julia Nolan, Buckagh