

OFFICE USE ONLY
Grantee Number



Incorporating **Age & Opportunity active**,
The National Sport and Physical Activity Programme
for Older People

Age & Opportunity Active National Grant Scheme 2023 for Sport & Physical Activity for Older People

All relevant sections of this application form MUST BE COMPLETED in full and in CAPITAL LETTERS. We reserve the right not to consider incomplete applications. Late Applications Will Not Be Considered Under Any Circumstances

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact **Age & Opportunity's Active team**.*

You can also contact your local Health Service Executive Coordinator, Local Sports Partnership (see page 8) or in the case of a sports club, your national governing body <https://www.sportireland.ie/national-governing-bodies>

GRANT APPLICATION FORM	
ORGANISATION NAME	
CONTACT PERSON	
POSITION/JOB TITLE	<i>(i.e. Treasurer, Secretary, Physical Activity Leader, Nursing Home Manager, LSP / NGB Coordinator etc.)</i>
PHONE NUMBER	
ADDRESS LINE 1	
ADDRESS LINE 2	
ADDRESS LINE 3	
COUNTY	
EIRCODE	
EMAIL ADDRESS	

The purpose of this grant is to aid and encourage older people to participate in sport and physical activity, whether they are members of a community group , older person’s group e.g. Active Retirement , in a care setting or want to get involved in a particular sport .

Grant allocations will be between **€300 and €700.**

Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs), Sports Clubs etc. that provide wider access to community groups may be allocated funding outside of these limits.

About your organisation

TYPE OF ORGANISATION

- Active Retirement
 ICA Group
 Men’s Shed
 Day Care Setting
 Family Resource Centre
 Nursing Home
 Sports Club
 LSP
 Other (please specify _____)

Total number of members (or residents) _____

% members under age 50 years: _____ aged 50-69: _____ aged 70 or over: _____

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

- YES
 NO
 DON’T KNOW

BANKING DETAILS

It is essential to supply Bank/Credit Union account details (**Note: post office accounts are no longer acceptable**)

NAME OF BANK / CREDIT UNION	
BRANCH	
ACCOUNT NAME	<i>Account must be in name of the group / organisation not an individual</i>
BIC <i>(Full 8 characters required)</i>	
IBAN <i>(Full 22 characters required)</i>	

PUBLIC LIABILITY INSURANCE DETAILS

It is essential to have public liability insurance covering the activities proposed.

Please confirm if you have the required public liability insurance in place: Yes No

These grants are designed to support the work of the Active programme, including the network of Physical Activity Leaders (PALs), CarePALs, the development of the Go for Life Games and other initiatives.

An active PAL is a group member who has taken part in Active PALs workshops and is regularly leading or helping to organise physical activities with the group.

Outline costs (i.e. cost of equipment, cost of tutor, cost of transport, cost of hall hire)	€
Total Grant applied for	€

3. Declaration:

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the Active National Grant Scheme for Sport and Physical Activity for Older People.

(Signature required if submitting application via post. If applying on line only contact name required)

CONTACT PERSON	
Signed (please provide signature if applying via post)	
Name:	Date:

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application. **Each group must complete a separate application form.***

GROUP NAME	
GROUP NAME	
GROUP NAME	

*Completed application forms must be submitted on line through a link provided on our website or received via post (address below) by **12 noon on Friday 24th February 2023.***



Active National Grant Scheme for Sport and Physical Activity for Older People, Age & Opportunity, St Patrick's Hall, Marino Institute of Education, Griffith Avenue, Dublin 9, D09 K4P6

Website : www.ageandopportunity.ie

N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications.

4. Evaluation Form

Note: This section applies only if you received a grant in 2022.

- How much did your group receive in 2022? _____
- Did your group spend the full amount granted before December 2022? Y N
- Did your group subsidise the grant with other money? Y N
If so, by how much? _____
- How did you spend the grant received in 2022?

<input type="checkbox"/> PALs equipment	<input type="checkbox"/> Dance	<input type="checkbox"/> Swimming/Aqua activities
<input type="checkbox"/> Go for Life Games equipment	<input type="checkbox"/> Facility Hire (Hall/Pool)	<input type="checkbox"/> Tai Chi
<input type="checkbox"/> Pickleball	<input type="checkbox"/> Walking Football	<input type="checkbox"/> Walking Programme
<input type="checkbox"/> Aerobics	<input type="checkbox"/> Pilates	<input type="checkbox"/> Yoga
<input type="checkbox"/> Bowling	<input type="checkbox"/> Pitch & Putt/Golf	<input type="checkbox"/> Other Activities
<input type="checkbox"/> Cycling	<input type="checkbox"/> Sportsfest/Sports Event	<input type="checkbox"/> Go for Life Games event
<input type="checkbox"/> Online activity. If so what type of activity?		

- How many members of your group took part in physical activities enabled by the 2022 grants? _____

What % of your group are:

Under the age 50 years _____ 50–69 years _____ age 70 or over _____

What % of your group are male? _____

- Did the grant encourage new members to join your group? If yes, how many?
If no, please put '0'
- Did the grant help the group come back together after Covid restrictions eased? Y N
- Do you think the grant made the group feel?
On a scale of 1 – 5 (1 meaning strongly disagree and 5 meaning strongly agree)

More active 1 2 3 4 5

More likely
to engage in physical
activity again 1 2 3 4 5

More connected to other people 1 2 3 4 5

More visible in our community 1 2 3 4 5

More confident 1 2 3 4 5

- Apart from activities funded by the grant does your group take part in regular physical activity together? Y N

- If yes, is this regular physical activity led by a member of your group? Y N N/A

- If yes, how often does your group take part in regular physical activity together?
 - o Once a week
 - o More than once a week
 - o Once a month
 - o More than once a month

- Did your grant/initiative target people with disabilities? Y N

- Is there anything else you'd like to share about the grant?

Age & Opportunity Active is funded by Sport Ireland and the HSE.



5. Key contacts

If you require assistance completing this form, contact the Active Programme team:

- **Sue Guildea**, Active Programme Manager
- **Paul Gallier**, Active Programme Assistant Manager
- **Ciara Dawson**, Active Programme Administrator
- **T: (01) 805 7733 / Website: www.ageandopportunity.ie**

You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:

CARLOW

●Olive Fanning
(059) 914 3630
▲Deborah Foley
(059) 913 6241

CAVAN

●Colm Casey
087 681 1197
▲Dean McElroy
(049) 437 8582

CLARE

●Geri Quinn
(065) 686 5837
▲John Sweeney
(065) 686 5434

CORK

●Shirley O'Shea
(021) 492 1641
▲ Claire Hurley
(021) 434 7096

DONEGAL

●Lynda McGuinness
(074) 910 9114
▲Karen Guthrie
(074) 911 6079

DUBLIN

Dublin City
▲Catherine Flood
(01) 222 8597

Dublin North

●Mary Scales

(01) 6465077

Dublin South East

●Michelle Hardie Murphy
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Dublin South

●Aine Buggy
087 3636084

Dun Laoghaire- Rathdown

●Michelle Hardie Murphy
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▲Shane McArdle
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Fingal

▲Caitriona Geraghty
(01) 890 5000 ext 6247

South County Dublin

●Aine Buggy
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▲Thomas McDermott
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GALWAY

●Paul Gillen
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Galway City

▲Jason Craughwell
087 9817549
Ellie Loftus
087 7511141

KERRY

●Anne Culloty
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▲Gearoid O'Doherty
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KILDARE

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▲Syl Merrins
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KILKENNY

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▲ Seamus Nugent
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LAOIS

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▲Caroline Myers
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LEITRIM

▲Michelle Maguire
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LIMERICK

●Bedelia Collins
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▲Tracy Mahedy
(061) 333 600

LONGFORD

●Clodagh Armitage

(057) 935 7824
▲ Donal Mulligan
(043) 334 3496

LOUTH

● Carmel Halpin
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▲ Odhran Doherty
(042) 932 4318

MAYO

● Paul Gillen
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▲ Ray McNamara
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MEATH

● Carmel Halpin
(046) 907 6400
▲ Ruairi Murphy
(046) 906 7337

MONAGHAN

● Colm Casey
087 681 1197
▲ Michelle Murphy
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OFFALY

● Clodagh Armitage
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▲ Olivia Murphy
(057) 935 7462

ROSCOMMON

● Paul Gillen
(091) 737 261
▲ Noel Feeley
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SLIGO

▲ Shane Hayes
(071) 916 1511

TIPPERARY

● Catherine O'Loughlin
(052) 617 7930
▲ Valerie Connolly
(0761) 06 6201

WATERFORD

● Susan Scully
(051) 846 714

▲ Sinead Brannigan
087 459 6179

WESTMEATH

● Clodagh Armitage
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▲ Tony Wheat
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WEXFORD

● Catherine O'Loughlin
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▲ Mary T Keogh
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WICKLOW

West Wicklow

● Aine Buggy
087 3636084

Rest of Wicklow

● Michelle Hardie Murphy
(01) 268 3143
▲ Denise O'Shea
0404 20100

**PLEASE REFER TO THE TERMS AND CONDITIONS DOCUMENT
ACCOMPANYING THIS APPLICATION FORM.**

**TERMS AND CONDITIONS ARE ALSO AVAILABLE ON
WWW.AGEANDOPPORTUNITY.IE**