

SHRULE & GLENCORRIB PARISH NEWSLETTER - SUNDAY 6th AUGUST 2023Parish email: parishofshrule3@gmail.com Parish Web: www.shruleglencorrib.com**Fr. Vivian Loughrey PP**, Parochial House, Ramolin, Shrule, Co. Mayo H91 V2FK (☎ 093 31262)Newsletter (Vol. 28 - 02) # 1,458 - Newsletter submissions: newsletter@shruleglencorrib.comExtended Newsletter Available at www.shruleglencorrib.com & www.mayo.ieAll Masses available on: **Radio**:101.4 FM - **Facebook**: Shrule Parish - **Web**: churchtv.ie**PARISH OFFICE****Shrule** - Parochial House, Tuesdays 10.30am to 12-noon**OPENING HOURS****Glencorrib** - Curates House (Sunny Days), Wednesdays 10.30am to 12-noon**18th SUNDAY IN ORDINARY TIME - (YEAR A) MASS DATES, TIMES & INTENTIONS****ST. JOSEPH'S CHURCH, SHRULE - Dedicated 1832**

Sat	5 th Aug	8.00 pm	Josephine Sheridan , Mocollogan	5 th Anniv
Sun	6 th Aug	11.00 am	Tom & Sarah Cawley & DM of O'Brien & Cawley Families , Gurteen Jacinta McGath Heneghan & Bridie Heneghan , Shrule & Turin, Kilmaine Charlotte Keady , Dalgan Road Joe & Eileen McCarthy and their son Bernard McCarthy , Dalgan Road	22 nd & 17 th Anniv & Deceased 4 th & 5 th Anniv 16 th Anniv 7 th , 7 th & 27 th Anniv
Tue	8 th Aug	9.30 am	Bridget Joyce , Surrey	
Wed	9 th Aug	9.30 am	Rita & James Mulroe , Churchpark	39 th & 40 th Anniv
Thu	10 th Aug	9.30 am	Mass	
Fri	11 th Aug	7.00 pm	Adoration of the Blessed Sacrament - 7pm to 7.55pm	
		8.00 pm	Special Intention Johnny Laffey , Ballybockagh	3 rd Anniv
Sat	12 th Aug	8.00 pm	Rita Keady , Dalgan Road Mary Sweeney and husband John, their daughter Mary Lally, their son Michael & John's brother Lawrence , Brodella	Month's Mind 4 th , 47 th , 2 nd 15 th Anniv & deceased
Sun	13 th Aug	11.00 am	Mary McGath , Shrule	RIP 17/06/2023

CHURCH OF THE IMMACULATE CONCEPTION, GLENCORRIB - Dedicated 1876

Sat	5 th Aug	6:30 pm	Bernadette Whelan , Houndswood	16 th Anniv
Sun	6 th Aug	9.30 am	Mary & Pat Connolly Willie & Mattie Flynn & DM Flynn Family , Ballynalty	Deceased 24 th , 12 th Anniv & deceased
Wed	9 th Aug	10:10 am	Robbie Noone , New Inn, Ballinasloe (father of Cora Costello, The Waterfall, Glencorrib)	RIP 05/03/2023
Fri	11 th Aug	6:00 pm	Adoration of the Blessed Sacrament - 6pm to 6.55pm	
		7:00 pm	Michael & Nora Monaghan & their daughter Ann . Tubberkeeran	54 th & 27 th Anniv & deceased
Sat	12 th Aug	6:30 pm	John & Mary Daly & DM Daly & Forde families , Glencorrib	11 th & 9 th Anniv & deceased
Sun	13 th Aug	9.30 am	Sean & Cormac Garvey , Gortbrack	9 th & 2 nd Anniv

CHURCH ROTAS FOR AUGUST**LAY READERS** - Vigil Mass**SHRULE**

Donagh Greaney

GLENCORRIB

Caroline Craddock

LAY READERS - Morning Mass

Maura Mullin

Mary McNally

EUCCHARISTIC MINISTERS - Vigil Mass

Martina Murphy

Michael Creavin

EUCCHARISTIC MINISTERS - Morning

Sheila Ronaldson

Kathleen Shaughnessy

ALTAR SOCIETY

Dalgan Road 1

Moyne/Toorard

MAYO STOMA SUPPORT GROUPwill meet on Thursday, **August 10th next at 7pm in the Ellison Hotel, Castlebar.** Everyone is welcome. If attending text JJ on 087 2300580**MAYO CANCER SUPPORT** wishes to thank all those who supported and facilitated its recent Church Gate Collection in Glencorrib. Special thanks to the volunteers who helped coordinate the collections. **A total of €566.25 was raised.** These funds will support the ongoing provision of free emotional support to local people affected by cancer."**LIFE IS TOO IRONIC**It takes: **Sadness** to know what **Happiness** is. **Noise** to appreciate **Silence & Absence** to value **Presence**.

BACK IN THE CHAIR: It's great to be invited back to do the newsletter for the next two weeks to give Stephen a well earned rest. In December 2022 as I hung up my newspaper cap after over 20 years of editing, producing and printing, I can honestly say that it was always a pleasure to do the weekly newsletter with Fr. John Creaven, Fr. Michael Crosby and Fr. Vivian. Over the past 20 years or so, I met and chatted to so many parishioners who I would have never met in the ordinary course of my day. When Fr. Viv came to the parish, the individual Shrule & Glencorrib weekly newsletters were combined. Like the song, two became one. So, in the past number of years, I got to know the people from the Shrule side of the parish a lot better and I discovered that they weren't that bad at all. (There's a joke in there) To be honest with you, I never really knew where Moorgagagh (pronounced Moo-gaga) or Mocollogan were never mind how to spell them correctly, even though I've since learned that often times, there is no correct way of spelling some townlands. And I'm sure it's the same for the Shrule side, where exactly is Gortatubber, Mount Henry or Corrinredra? One of the great things that a joint newsletter did was to unite the parish in many ways. We started with the joint parish newsletter, then the Parish Council, Parish Communications Group, Parish Finance Committee Facebook Page etc. It was a bit like the GAA club moving into other spheres in the community. I want to thank you all for the great support and comments that the newsletter received over the years. Now, I like everyone else likes picking up the weekly newsletter and finding out what's happening in the church and parish community. Please keep up the support and let Stephen know what you or your group is doing. *Kevin Flood*

I guess the big news this week, is that An Taoiseach Leo Varadkar is making a return visit to the parish, this time its Glencorrib's turn. On Thursday next August 10th he will have the opportunity to see firsthand the great work that is being done by the various community groups and it's all on a voluntary basis. Glencorrib Kiroe Community Sportsfield Trustees and development committee, Glencorrib NS construction of a new classroom, more recently the Community Centre having been approved for a €25,000 new heating and insulation project, the RSS team who maintains grass and footpaths etc and keeps the church clean and tidy, Glencorrib Village Enhancement and the various other groups and individuals that maintains our community. We also have to acknowledge the great support that we have received from the people in the Shrule side of the parish. So on Thursday next, An Taoiseach Leo Varadkar along with Marie Walsh MEP and local county councillors will arrive in Glencorrib at approx 1pm. Kathleen Shaughnessy and the team are organising a cuppa tea for the group in the community centre where they will meet the locals followed by a walkabout visit to Sunny Days (breakfast club and after school service club), Glencorrib Kilroe Community Sportsfield and walkway and Glencorrib NS. Truly we have a great community and a great community spirit, so let's all build on that. Hope to see you all on Thur next 10th Aug @ 1pm. More details in online newsletter.



The MEP. The VIP and the PP

FR TERENCE HARRINGTON - HE LOVED THIS ANALOGY!

You are holding a cup of coffee when someone comes along and bumps into you or shakes your arm, making you spill your coffee everywhere. **Why did you spill the coffee?** "Because someone bumped into me!!!" Wrong answer: You spilt the coffee because there was coffee in your cup. Had there been tea in the cup, you would have spilt tea. Whatever is inside the cup is what will spill out. Therefore when life comes along and shakes you, whatever is inside you will come out. It's easy to fake it till you get rattled. So we have to ask ourselves... "What's in my cup?" When life gets tough, what spills over? Anger, bitterness or harsh words. Replace them with peace and humility. **LIFE provides the cup but YOU choose how to fill it.**

CROSS EAST CEMETERY MASS Tuesday 15th August @ 3pm

YOU CANNOT raise your children the way your parents raised you. Because your parents raised you for a world that no longer exists.

DID YOU KNOW:

Great churches aren't built by yelling out about the sin of the week? Great churches are communities where hurting and broken find hope, grace, healing and salvation through a relationship with Jesus Christ.

REMEMBER whenever you're in a position to help someone, be glad and always do it, because that's God way of answering someone's else's prayers through you.

FEED YOUR FAITH and your doubts will starve to death

PLEASE REMEMBER WITH A PRAYER THOSE WHO DIED ON THIS WEEK IN FORMER YEARS

Surname	Christian	Village	Date Died	Age	Cemetery
Daly	Margaret	Polbee	06/08/1964	68	Donaghpatrick
Meenaghan	Brigid	Cahernabruck	06/08/1969	86	Shrule
Garvey	Michael	Toorard	06/08/1990	92	Moyne
Dooley	Josephine	Brodella	06/08/2016	85	Shrule
O'Malley	Teresa	Glencorrib & Westport	06/08/2019	89	Murrisk
Laffey	Johnny	Ballybockagh	06/08/2020	80	Shrule
Byrne	Peter	Tubbersharave	07/08/1917	88	Shrule
Keady	Charlotte	Dalgan Road	07/08/2007	31	Shrule
Farragher	Martin	Kille	07/08/2018		Shrule
Martyn	Thomas	Shrule	08/08/1939	73	Shrule
Hyland	Michael	Brodella	08/08/1975	29	Shrule
Sweeney	John	Gortatubber	08/08/1991	73	Killursa
Donnellan	Delia	Shrule	08/08/2000	84	Shrule
O'Connor	Breda	Kilroe	08/08/2009	40	Moyne
Furey	Martin	Anlacca	09/08/1937	73	Shrule
Garvey	Honor	Boula	09/08/1961	101,8mths	Killursa
Flynn	Martin	Ballynalty	09/08/2011	79	Moyne
Murray	Kitty	Burtonport	10/08/1954	30	Shrule
O'Connor	Michael	Rostaff	10/08/1959	45	Moyne
Moughan	Thomas	Cahernabruck	10/08/1963	82	Shrule
Hughes	Leah Maria	Kille	10/08/2004	1 day	Shrule
Heneghan	Jacinta McGath	Shrule & Turin, Kilmaine	10/0/82019	59	
Dooley	Honor	Cullagh	11/08/1928	84	Cloughanover
O'Sullivan	Frederick	Ballycurrin	11/08/1947	63	Killursa
Garvey	Michael	Gortatubber	11/08/1962	88	Killursa
Ennis	Jim	Claremorris/London	11/08/1989	33	Moyne
Maloney	Martin	ex. Laragan	11/08/2003	83	Shrule
O'Connor	Margaret	Kilroe	12/08/1959	80	Ross Abbey
Gibbons	Catherine	Shrule	12/08/1971	77	Shrule
Crampton	Julia	Ballybane	12/08/1991	73	Shrule
Dooley	Peter	ex. Cloonbanane	12/08/2002	51	Shrule
Mohan	Mary	Cahernabruck	12/08/2007	87	Shrule
Frehan	Brigid	Cloonbanane	12/08/2007	90	Shrule
Sweeney	Brigid	Glasbally	13/08/1923	64	Killursa
Mortimer	Austin	Shrule	13/08/1959	82	Murrisk Abbey
Payne	Peter	Dalgan	13/08/1992	81	Shrule
Davin	Nora	Brackloon	13/08/1998	81	Shrule
Heneghan	Enda	Dalgan Road	13/08/1998	66	Shrule

IF I HAD MY LIFE TO LIVE OVER

I would have talked less and listened more.
 I would have invited friends over to dinner even if the carpet was stained and the sofa faded.
 I would have eaten the popcorn in the "good" living room.
 I would have taken the time to listen to my grandfather rambling about his youth.
 I would have sat on the lawn with my children and not worried about grass stains.
 Instead of wishing away nine months of pregnancy, I'd have cherished every moment, realising that the wonderment growing inside me was the only chance in life to assist God in a miracle.
 When my kids kissed me impetuously, I would never have said, "Later. Now go get washed up for dinner." There would have been more "I love you's" and more "I'm sorry's", but mostly, given another shot at life, I would seize every minute... look at it and really see it... and never give it back. — *Erma Bombeck*



**THANK YOU NOTE
WORLD DAY FOR
GRANDPARENTS &
ELDERLY:**

Just a note to say thank you to everyone who organised and helped with Grandparents – the Pastoral Council and Carmel Heneghan along with Terri Flynn who helped with music in Glencorrib. A special word of thanks to families who helped with the liturgy; it was especially moving to see grandparent / grandchild together for the liturgies. World Day for Grandparents and Elderly is a special day that offers us the opportunity to reflect, pray and express our thanks to them, so the final thank you goes to all who supported this important day.



BALLINROBE LIBRARY NEWS:

Three exciting things are happening at Ballinrobe Library on **Friday 11th August at 2pm.**

- Launch of **Exhibition on Ballinrobe Workhouse.**
- Followed by a Lecture on aspects of the workhouse by **Dr. Michael O'Connor.**
- The launch of a book by the Ballinrobe Active Retirement Writers' Group, entitled '*Remembrance – creative stories and poems woven into the history of Ballinrobe Workhouse*'.

RETIREMENT PARTY

Please join us for **Postman Joe Conneely's Retirement & Birthday Celebrations!!**
(Shrulle & Glencorrib area)
Saturday 12th August 2023
Cradock's Bar (back room)
From 8:30pm
For further details contact Claire in the Shrulle Post Office



IF I CAN STOP ONE BREAKING HEART

If I can stop one heath from breaking,
I shall not live in vain;
If I can ease one life in aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again
I shall not live in vain
Emily Dickinson

NATIONAL NOVENA AT KNOCK SHRINE:

14th to 22nd August.
Full programme of events on www.knockshrine.ie
Plus more details in next weekend's newsletter

BEWARE OF over concern for money or position or glory. Someday you will meet a man who cares for none of these things. Then you will know how poor you are.
Rudyard Kipling

LIVE FOR what tomorrow has to offer, not for what yesterday has taken away

THE WORLD IS CHANGING VERY FAST

1980



2020



WORDS OF WISDOM FROM CHILDREN

- Never trust a dog to watch your food. Patrick aged 10
- When your dad is mad and asks you, "Do I look stupid?" Don't answer him. – Michael aged 14
- Never tell you mum her diet's not working. Michael 14
- When your mum is mad at your dad, don't let her brush your hair – Tanya aged 11
- Don't sneeze in front of your mom when you're eating crackers – Niall aged 12
- You can't hide a piece of broccoli in a glass of milk. Andy
- When you get a bad grade in school, show it to your mom when she is on the phone. Joe 13.

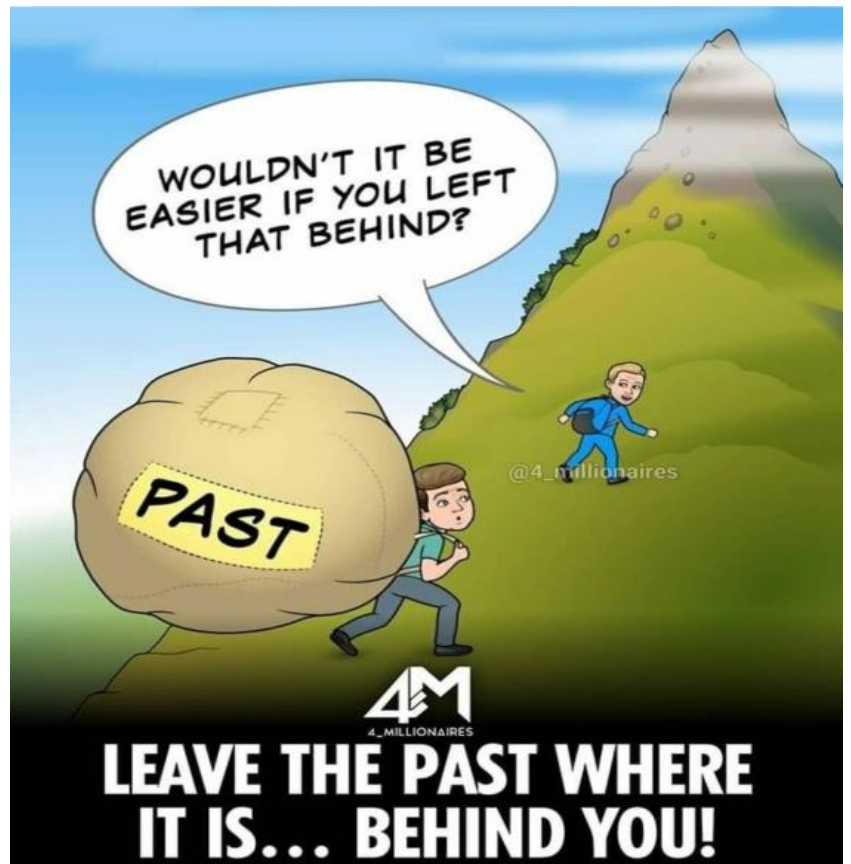
THE SHRULE GLENCORRIB LGFA U14 GIRLS made history last week being the first club team to win a county final 🏆 Great performance and a highly entertaining game of football. The girls held on to claim a historic win 🏆 Congratulations to the girls and their management on a memorable win. Shrulle/Glencorrib: 8-4 Kilmoremy B: 6-4

JUST A THOUGHT: The one thing that everyone who hikes the Camino de Santiago does is to start out carrying too much stuff with us in their backpacks. There is nothing like walking miles and miles with a loaded backpack to help you figure out what is really important enough to carry on your back day after day, mile after mile.

Dennis Welton writes about this saying, "**We carry our fears in our backpacks**". **In other words if you are afraid that you will run out of food and go hungry then you carry too much food. If you are afraid of freezing then you carry too many clothes. If you fear not being able to find a place to sleep then you load yourself down with a tent and camping equipment.** Of course all this extra stuff is heavy, which makes us tired and sore and often causes injuries. The soreness and pain make us irritable and cranky and often that is what our fellow hikers see. They don't see the real us! They are seeing the result of the pain caused by carrying our fears and too much junk in our backpack.

Do you carry a lot of excess baggage with you in life is the result of your fears. Also how all of us have had things that have happened in our past that has impacted us in a negative way. Just like a backpacker that is carrying stuff that is not needed or serves no real purpose, we keep lugging around things that we should have dumped long ago. **The result is that the people in our lives do not get to see the real us.** They don't get the best of us. Many times they are on the receiving end of the pain caused by the useless junk we are carrying around with us. Often, we have been hauling it around for so long that we have started to believe that it is part of who we are. Maybe it is time to do what all of us backpackers end up doing along the way on a long walk. Unpack our overloaded personal backpacks and what we are carrying around every day with us. Examine each item honestly, determine if we actually need it or not and if it is really serving a purpose. If not then leave it behind and move on.

Lighten your load, get rid of the fears and useless junk from the past, and let the real you walk free!"



ASSET

LIABILITIES



IF I EVER FEEL BETTER

My sadness is past tense
I'm glad it's all behind me
Now, when depression
Calls I hit the dial tone.
I'm not running away
I've just grown
and we don't relate anymore.

I took the world off my shoulder
And placed it under my feet
I stand under the shade
Instead of taking the heat
I shine when I smile
It's no longer a façade
Thank God, Thank God
I'm finally fine.

COOLARNE SPORTS AND OPEN DAY 2023:

We are delighted to announce the return of the Coolarne Sports and Open day which will take place on **Sunday 13th August @ 2pm on the grounds of Cuan Mhuire, Coolarne, Turloughmore, Co. Galway.** All the usual events will take place. There will be a Wheel of Fortune with lots of prizes to be won, Arts, Crafts and Pottery, Bric-A-Brac, Plants, and lots, lots more. There will be many side shows and novelty competitions with an array of prizes to be won. More details in online newsletter.

Later in the afternoon there will be free children's sports for all age groups with lots of medals to be won. Pre-Covid this was a great social event with something for all the family young and old. We look forward to seeing you all on the day. All are welcome. The **Eircode is H65YW98**



MASS LEAFLET

Please take home your mass leaflet to reflect on the readings and prayers from today's service.

NEWS - LETTER DEADLINE

Please submit items for the Newsletter **by 8pm on Thursday**

Sweetie, I have a problem with my car. The 710 cap fell off the motor.

2:10 PM

What happened??

2:11 PM

The 710 cap???

2:11 PM

The 710 cap fell off the motor and I'm scared it might hurt the motor. I don't have the money to fix it.

2:26 PM

Send me a picture of this 710 cap.

2:27 PM



FINE GAEL Rural Roadmap to 2030

We invite you to a meeting with

An Taoiseach Leo Varadkar TD
and **Maria Walsh MEP**

Thurs Aug 10th, 6-7:30pm
Anglers Rest Hotel, Headford
Co Galway, H91PN77



The Taoiseach in his Rural Community Programme will also visit Ballinrobe, Caherlistrane and Headford. Many of you will remember the wonderful visit we held for Taoiseach on Cultural Night in Shrulce Community Centre in September 2019 This visit is a fantastic way for us to showcase the wealth of work which has been done, is currently ongoing and the future plans we have for our community. This is all part of his work for Rural Development. To share an overview of his day: He will be in Ballinrobe from 12-noon to 1pm then in Glencorrib after this, then he will then visit a farm in Caherlistrane and is scheduled to arrive in Headford just after 4pm. That night a specific Rural Event being held in **The Anglers Rest Headford on Thursday 10th August from 6pm to 7:30pm called "Rural Roadmap to 2030"**, which is open to all community groups, entrepreneurs and businesses in the region. All our work, energy, ideas and solutions will feed into the upcoming Budget, so, it's important we showcase!

JUST A THOUGHT: During the week, I was in a shop in Galway that sells only shoes, nothing else. A young girl with a tattoo and green hair walked over to me and asked, "What brings you in today, I looked at her and said, "I'm interested in buying a refrigerator." She didn't quite know how to respond, had that deer in the headlights look. I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

When people see a cat's litter box they always say, "Oh, have you got a cat" I just say, "No, it's for company!" Employment application blanks always ask who is to be called in case of an emergency. I think you should write, "An ambulance." The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be really good friends. The easiest way to find something lost around the house is to buy a replacement. Have you ever noticed: The Roman Numerals for forty (40) are XL. The sole purpose of a child's middle name is so he knows when he's really in trouble.

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it. Some people try to turn back their "odometers." Not me. I want people to know why I look this way. I've travelled a long way and a lot of the roads were not paved. Ah! Being young is beautiful but being old is comfortable. Lord, keep your arm around my shoulder and your hand over my mouth. May you always have: Love to share, Cash to spare, Tyres with air, And friends who care. Amen

ONE MAN AND HIS DOG: Back in the early days of his career, Sylvester Stallone was so broke he ended up homeless and unable to buy food. At his lowest point, he realized he had no option but to sell his beloved dog and best friend, Butkus, whom he simply couldn't afford to feed.



After selling Butkus to a stranger for \$25, he walked away crying.

Just two weeks later, Stallone saw a boxing match between Mohammed Ali and Chuck Wepner. It inspired him so much that he wrote the script for "Rocky". As he started approaching movie studios, he had one request: he would star in the movie. With offers for as much as \$350,000, Stallone still refused until they agreed for him to play the lead.

But the compromise came at a cost, with Stallone instead receiving just \$35,000 for his script.

The first thing the actor did when he received the money was return to the off licence where he had last seen Butkus. After standing there for three days, he saw the man who had purchased his dog approaching and begged to buy his dog back. It would cost him \$15,000, but it was worth every cent to Stallone. Butkus would appear in the film with his owner.

Rocky went on to be the highest grossing film of 1976 and won three Oscars. It also propelled Stallone to fame.



East End in the 1930s, with her nearest competition being a knocker-upper three miles away who used a fishing rod to tap on the windows. She was so loved, that she had her own children's book written and named after her.

A LITTLE BIT OF HISTORY: East London's "knocker-uppers" paid to shoot peas at windows to wake up over sleepers so they didn't lose their jobs.

Mary Smith, a famous knocker-upper in London's East End, shot dried peas out of a pea shooter instead of a pole. She charged a sixpence a week for her pea-shooting service.

Some knocker-uppers simply banged on doors to wake up their customers, but they found that by doing this they were also waking up their customer's neighbours for free.

Mary Smith's pea shooting method solved this problem, as the tap of peas on the window was loud enough to wake up the clients without disturbing anyone else on the street.

She became one of the most beloved characters in the

MASS LEAFLET

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NEWS - LETTER DEADLINE

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WHEN OUR TIME ON EARTH IS DONE, money or material things will not matter. But the love, time and kindness we have given each other will shine and live on forever.

REMEMBER WHEN we were kids and we wanted to grow up! What were we thinking?

21 LIFE-LESSONS...

1. Don't call someone more than twice continuously. If they don't pick up your call, presume they have something important to attend to.
2. Return money that you have borrowed even before the person that borrowed you remember or ask for it. It shows your integrity and character. Same goes with umbrellas, pens and lunch boxes.
3. Never order the expensive dish on the menu when someone is giving you a lunch/dinner.
4. Don't ask awkward questions like 'Oh so you aren't married yet?' Or 'Don't you have kids' or 'Why didn't you buy a house?' Or why don't you buy a car? For goodness sake, it isn't your problem.
5. Always open the door for the person coming behind you. It doesn't matter if it is a guy or a girl, senior or junior. You don't grow small by treating someone well in public.
6. If you take a taxi with a friend and he/she pays now, try paying next time.
7. Respect different shades of opinions. Remember what's 6 to you will appear 9 to someone facing you. Besides, second opinion is good for an alternative.
8. Never interrupt people talking. Allow them to pour it out. As they say, hear them all and filter them all.
9. If you tease someone and they don't seem to enjoy it, stop it and never do it again. It encourages one to do more and it shows how appreciative you are.
10. Say "thank you" when someone is helping you.
11. Praise publicly. Criticize privately.
12. There's almost never a reason to comment on someone's weight. Just say, "You look fantastic." If they want to talk about losing weight, they will.
13. When someone shows you a photo on their phone, don't swipe left or right. You never know what's next.
14. If a colleague tells you they have a doctors' appointment, don't ask what it's for, just say "I hope you're okay". Don't put them in the uncomfortable position of having to tell you their personal illness. If they want you to know, they'll do so without your inquisitiveness.
15. Treat the cleaner with the same respect as the CEO. Nobody is impressed at how rude you can treat someone you think is below you, but people will notice if you treat them with respect.
16. If a person is speaking directly to you, staring at your phone is rude.
17. Never give advice until you're asked.
18. When meeting someone after a long time, unless they want to talk about it, don't ask them their age and salary.
19. Mind your business unless anything involves you directly - just stay out of it.
20. Remove your sunglasses if you are talking to anyone in the street. It is a sign of respect. More so, eye contact is as important as your speech.
21. Never talk about your riches in the midst of the poor. Similarly, don't talk about your children in the midst of those who have no children.

BE SAFE OUT THERE THIS SUMMER:

Schools are closed and families are going on holidays. May everybody be safe on the roads and at the seaside during the Summer. There have been some sad reports recently in the media of disasters and deaths on the roads. This weekend, we remember with a prayer the two teenage girls who lost their lives on the way to their Debs last Monday evening in Co. Monaghan, Kiea McCann (17) and Dlava Mohamed (16), who were both buried on Thursday last. Please also pray for their parents and family members. God between us and harm.

May everybody have a holiday free from sadness and fear.

We welcome all visitors to our parish. We hope that you have an enjoyable stay with us and return home safely, refreshed and revitalised. To all those going away for their holidays, we hope that you travel safely, have an enjoyable experience and return home rested and refreshed.

Our ancestors were devoted to God and had a prayer for every occasion.

May the girdle of Jesus and Mary

Be around us on our journey

May we have a safe trip

And benefit from every inch. Amen

