

# Trailhead 125

Loop 125

## Larganmore Loop



### Leave no trace - Principles of Outdoor Ethics

Please adhere to this code in any trips to the outdoors

1. Plan ahead and Prepare
2. Dispose of Waste Properly
3. Leave What you Find
4. Be Considerate of Others
5. Travel on Durable Surfaces
6. Respect Wildlife and Farm Stock
7. Minimise the Effects of Fire

*Dogs should not be brought onto hills or farmland!*

### Larganmore Loop Walk

Distance:	14km
Theme:	Mountain
Highest Point:	271m
Trail Waymarking:	Trail is waymarked using black posts, about 1m high with a purple directional arrow
Grade:	Moderate - Hard
Estimated time:	4 hours to 4.5 hours
Minimum Gear:	Sturdy Walking/Trekking boots, Waterproofs, Fluids, Snacks and Mobile Phone.

*This loop is part of a countrywide network of high – quality, circular walks being developed by Fáilte Ireland in association with the National Waymarked ways Advisory Committee. The loops have been constructed with the kind assistance of local landowners and organisations. Further details relating to loop walks is available from: [www.mayotrails.ie](http://www.mayotrails.ie) & [www.discoverireland.com/walking](http://www.discoverireland.com/walking)*