



# Mayo Sports Partnership

# SPORTS ABILITY WEEK

## PROGRAMME OF EVENTS - 2024

EVENT	VENUE	DATE	TIME	BOOKING LINK
Enjoy Tennis	Castlebar Tennis Club	Monday 24th June	7.30pm	Contact: Olwyn 0863514123
Inclusive Walking	Lough Lannagh Castlebar	Monday 24th June	11am	Contact: Sarah 0879446201
Walking Football	Ballyhaunis Town FC	Monday 24th June	8pm- 9pm	Contact: Tracy 086 0618126
GAA For All (Inclusive Gaelic for Children)	Ballyhaunis GAA Club	Monday 24th June	5.30pm	Contact: Tracy 086 0618126
Exercise to Music & Chair Exercise Class	Ballyhaunis Communal House	Tuesday 25th June	11am	Contact: Tracy 086 0618126
Inclusive Soccer Blitz	Solar 21 Park Milebush Castlebar	Tuesday 25th June	11am	<a href="#">BOOK HERE</a>
Stand Up Paddle Boarding	Lough Lannagh Castlebar	Tuesday 25th June	TBC	Contact: Graham 086 1771973 or castlebarsportshub@canoe.ie
GAA Cúl Camp Éile (Inclusive Gaelic for Children)	Castlebar Mitchels GAA Club	Wednesday 26th - Friday 28th	4pm - 6pm	<a href="#">BOOK HERE</a>
Exercise to Music	Ballina Sports Centre	Wednesday 26th June	Men 9.30am Ladies 10.45am U18's 12noon	Contact: Pat ballinasportshub@mayonortheast.com
Mile Around the Mall	The Green Westport	Wednesday 26th June	11am	Contact: Ray 087 6973093
Petanque (Outdoor Boules)	ATU Sports Ground	Wednesday 26th June	11am – 1pm	Contact: Graham 086 1771973 or castlebarsportshub@canoe.ie
Golf For All Adults	Castlebar Golf Club	Wednesday 26th June	11.45am	Contact: Ray 087 6973093
Golf For All Kids	Castlebar Golf Club	Wednesday 26th June	3.30pm	Contact: Ray 087 6973093
GAA For All Adults	Castlebar Mitchel's Astro	Thursday 27th June	11am	Contact: Ray 087 6973093
Walking Football	Astro on the Green Ballinrobe	Thursday 27th June	8pm -9pm	Contact: Mark 087 9884388
Walking Football	Ballina Town AFC	Thursday 27th June	2pm -3pm	Contact: Pat ballinasportshub@mayonortheast.com
Inclusive Fitness Training	Westport Leisure Park	Thursday 27th	10am	Contact: <a href="mailto:rmcnamara@mayococo.ie">rmcnamara@mayococo.ie</a> <b>BOOKED OUT</b>
Enjoy Tennis for Service Users	Ballina Tennis Club	Friday 28th June	11am	Contact: Damian Kelly 083 1486355
Para Cycling	Ballina Athletics Track	Friday 28th June	TBC	Contact: Pat ballinasportshub@mayonortheast.com
Football For All	Ballyvary Blue Boomers	Friday 28th June Saturday 29th June	11am 11.30am	Contact: Ann 086 0666154
Together we Play	Louisburgh GAA Club	Saturday 29th June	11:30-12:30	Contact: Larah 087 2646762
Learn To Cycle	Ballina Athletics Track	Saturday 29th June	11am	Contact: Simon 087 2388533 or atlanticsportscoaching@gmail.com
Mayo Autism Camp Soccer	Manulla Soccer Club	Saturday	10am	Contact: mayoautismcamp@gmail.com
VI Tennis Kids Adults	Castlebar Tennis Club	Saturday 29th Monday 24th	12noon TBC	Contact: Olwyn 086 3514123
Kayaking For Children & Adults with additional needs	Moy Canoe Club	Sunday 30th June	10am – 1pm	Contact: Mathew 087 2432514
Family Fun Sports Day with Mayo Autism Camp	Manulla FC	Sunday 30th June	12noon - 3pm	<a href="#">BOOK HERE</a>

**FOR MORE INFORMATION: [rmcnamara@mayococo.ie](mailto:rmcnamara@mayococo.ie) or 0876973093**