



***14th /15th:***

***Bohola:***

€728.

***Straide:***

€360.

*Thanks for all your*

*contributions.*

**Bohola/Straide/Shraheens Newsletter**

**Stephen O’Mahony PP/Adm – 094-9384115/086-8226405 –** [**boholaparish@gmail.com**](mailto:boholaparish@gmail.com) **(email for newsletter) pppppp**Newsletter available on *mayo.ie* website and *Straide Parish Facebook* page

**Fourth Sunday of Advent – 22nd December 2024**

###### The Week Ahead

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| **Saturday, December 21st.** | **3.00pm*\** *Bohola***  **7.00pm*\** *Bohola*** | **Stephen Jordan, Rathslevin. (1st Anniversary)**  **Tommy Kilgallon, Clooneen. (1st Anniversary)**  **Martin & Annie Groarke, Ballyglass and all family & relations, living and deceased.** |
| **Sunday, December 22nd.** | **9.30am *Shraheens***  **11.00am  *Straide***  **5.00 – 6.00pm *Bohola & Straide*** | Private Intention  For all the People.  ‘The Light is On’ – Christmas Confessions – Visiting Priest. |
| **Monday, December 23rd.** | **10.00am *Straide*** | **Private Intention.** |
| **Tuesday, December 24th.** | **5.00pm *Straide***  **7.00pm *Bohola*** | **The Nativity of Our Lord.**  **The Nativity of Our Lord.** |
| **Wednesday, December 25th.** | **9.30am  *Shraheens***  **11.00am *Bohola***  **11.00am  *Straide*** | **Christmas Day Mass.**  **Christmas Day Mass.**  **Christmas Day Mass.** |
| **Thursday, December 26th.** | **11.00am *Bohola*** | Private Intention. |
| **Friday, December 27th.** |  | **No Mass.** |
| **Saturday, December 28th.** | **7.00pm *Bohola*** | **Mary Durkan (11th Anniversary) & her husband Johnny, Carroward.** |
| **Sunday, December 29th.** | **9.30am *Shraheens***  **11.00am  *Straide*** | Sonny McNicholas, Carrowntleva, & deceased of McNicholas & Mullaney families.  **Kathleen & Joe Earley, Knocksaxon, their son Thomas and deceased of the Earley and Burke families.** |
| ***All Masses in Straide (***[***www.churchtv.ie/straide/)*** ***and***](http://www.churchtv.ie/straide/)%20and) ***Bohola (***[***www.churchtv.ie/bohola/***](www.churchtv.ie/bohola/)***) are live-streamed.***  ***Shraheens Mass will be live-streamed on the Bohola Post Facebook Page when requested. (Marked by \* above)***  ***All Bohola Masses will be broadcast on the 105.5 FM Radio channel.*** | | |

***New Bohola Streaming Service Sponsored in Memory of Micksey Clarke:*** A heartfelt thank you to Bill Durkan for generously sponsoring the Bohola church new streaming service with Church TV, in loving memory of his dear friend, the late Micksey Clarke. This service allows people near and far to join in Masses, funeral services and celebrations, bringing our community closer together no matter the distance. You can access the service by visiting [*www.churchtv.ie/bohola/*](www.churchtv.ie/bohola/) or by searching 'Church TV Bohola' on any search engine.

***Christmas Confessions:*** *“The Light is on for You”* – There will be a visiting priest in Bohola and Straide churches this Sunday, December 22nd from 5pm to 6pm to hear confessions. You are encouraged to avail of this opportunity to prepare for Christmas.

***Advent Calendar Online*** continues to be available with daily prayers and reflections at [*www.catholicbishops.ie/adventcalendar/*](http://www.catholicbishops.ie/adventcalendar/).

***Adoration of the Blessed Sacrament*** will not take place in Straide or Bohola this week.

***Inaugurating the Jubilee Year December 28th:*** Pope Francis has announced that the coming year will be a Jubilee Year, with ‘Pilgrims of Hope’ as its theme. Bishop Doran will inaugurate the Jubilee Year at the 6.00pm Vigil Mass in the Cathedral on December 28th. Representative from all parishes are invited to attend and to assemble at the Phoenix Centre, near the main entrance to St Nathy’s College. There will be a procession from there to the Cathedral for the Mass.

***New Pilgrim Path Website of the Week, Christmas:*** For *Christmas Eve,* New Pilgrim Path brings you a beautiful musical reflection based on a text from Isaiah. ‘The Virgin is with Child’ is by the American composer, Randal DeBruyn. This lovely piece is composed in the style of a Baroque aria, a solo voice accompanied by a guitar and a chorus singing the carol ‘Es ist ein Ros’. Listen at ***www.newpilgrimpath.ie****.*

Benjamin Britten’s ‘Ceremony of Carols’ is extraordinarily beautiful and deeply reverent. In our website of the week, it is done full justice by the St John's Voices of St John's College, Cambridge. What better way to celebrate *Christmas Day* than by praying with this sublime music? Access it, along with the accompanying lyrics, at [***www.newpilgrimpath.ie***](http://www.newpilgrimpath.ie).

***North West STOP*** offers a *free counselling* service with no waiting lists. Call or text *086-7772009* to arrange an appointment.

***Bohola Parish Challenge and Family Walk:*** Next Sunday, December 29th is your chance to work off the Christmas calories with the *Bohola Parish Challenge*, characterised as a Camino Walk through the 30 townlands of the parish. It departs from Shraheens after the 9.30am Mass. For the more faint-hearted, the *Family Walk* departs from Bohola NS at 2.00pm. Registration is on the day - €20 per family, €10 per person with all proceeds going to Bohola NS.

Both events will finish with refreshments in The Village Inn.

***Carol service in Church of Ireland Foxford*** takes place this Sunday, 22nd December at 5.00pm with the Brass Band. Everyone is warmly welcome to attend.

***Choirs at Turlough Park:*** Enjoy some Christmas carols and other choral pieces at the National Museum of Ireland, Turlough Park on this Sunday, 22nd December. The Cill Aodain Choral Society will perform at 2.15pm and the Mayo Male Voice Choir will perform at 3pm. There is also a ‘live crib’ display in the Courtyard with Kiltimagh Pet Farm. Admission is free. No booking required. See *museum.ie* for further details.

***Shraheens Defibrillator:*** There is no defibrillator in the locality of Shraheens Mass Centre and surrounding area. We are purchasing a defibrillator as soon as we have enough funds and will locate it outside the Mass Centre. We would appreciate any donations no matter how small or big to help make this a reality. For information or if you wish to make a donation, please contact Mary O Brien, Colm Carney or Sean Galligan on *087-2775740*. Happy Christmas to all.

***SVP Annual Christmas Appeal*** is ongoing for the Conferences in Kiltimagh and Foxford. Donation envelopes are available in the churches and can be returned via the offertory collection or directly to SVP. Please be as generous as you can.

***SeniorLine - Would You like Someone to Talk to Over Christmas?*** SeniorLine is Ireland's national telephone service for older people open every day of the year from 10am to 10pm, Freephone *1800 80 45 91*. Callers may feel isolated, alone, bereaved or far from family and wish for company during the day. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone **and lift the phone.** Phone SeniorLine *1800 80 45 91*, open every day of the year, 10am to 10pm. No problem too big or too small.

***Moy Davitts 50th Anniversary Commemorative Book:*** The Moy Davitts GAA book is now available for sale in the following outlets: Clarke's Yourstop, Bohola; McGloins Gala, O'Hara's Centra, Gannon's Post Office, Reapes and the Foxford Wollen Mills; Bookstand (Eason’s) in Ballina and Castlebar and in Castle Bookshop, Castlebar. This is a beautiful production which would be an ideal Christmas present.

Thank you to all our players, coaches, club members and supporters who have helped the club celebrate its 50th Anniversary this year. We wish you all a very happy Christmas and a peaceful New Year.

***Moy Davitts LGFA AGM*** takes pla***ce*** on Monday, 6th January at 7.00pm in Bohola Community Centre. All welcome. We are currently looking to fill the positions of Secretary, Treasurer and PRO. If you would like to get involved with the club, contact [*moydavitts.mayo@lgfa.ie*](mailto:moydavitts.mayo@lgfa.ie).

***Moy Davitts 50/50 Draw:*** Congratulations to Mick Walsh, Clifden, who won a jackpot of €395 in the Moy Davitts 50/50 draw last Saturday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by playing on the club app (Moy Davitts GAA).

***Social Bingo*** continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.00pm for **8.30pm start**.

***School Reunion:*** A night to celebrate the 30 year reunion of the Class of 1994 Scoil Muire agus Padraig, Swinford will take place in Melletts, Swinford on Friday, 27th December. DJ & dancing from 9pm. Spread the word!

***St. Josephs Secondary School, Foxford Lotto:*** Please support the NEW St. Josephs Secondary School, Foxford lotto. Contact *094-9256145* for more details. Link to enter (€2.50 per line): *https://www.ourfundraiser.ie/org/stjosephsfoxford/*.

***Fr. Peyton Centre Attymass Christmas Opening Hours:*** Closed from 2pm on Friday, 20th December until Thursday 2nd January at 9.30am. The Knock Centre is now closed until Saturday, 25th January.

The management and staff wish you a very Happy and peaceful Christmas and best wishes for the New Year. Thank you for your continued support throughout the year.

***Home Instead Mayo*** is urgently looking for CareAssistants in all areas of Mayo. Help us provide care to someone inneed near you today! Training and support provided. Call *094-9044785* or email [*siobhan.brennan@homeinstead.ie*](mailto:siobhan.brennan@homeinstead.ie).

***Other still relevant notices from previous newsletters are included in the online Extended Newsletter.***

***A Happy Christmas*** to all our parishioners at home and abroad.

A special welcome to all who are home for the holiday period

and warm wishes go to those who can’t be home for one reason or another.

May everybody be blessed with a safe, peaceful and enjoyable Christmas season.

***Forget Elf on the Shelf……..Jesus wants Ewe in a Pew!***

***Extended Online Newsletter***

***Ballina Bereavement Support Group:*** Life after a bereavement can feel very lonely especially as we approach Christmas. Sometimes spending time, talking and sharing with others who share that experience can be helpful. Trained facilitators conduct a monthly Bereavement Support Group meeting at the Newman Institute on the second Wednesday of each month at 8pm. Next meeting is Wednesday, 11th December. All are welcome.

***Interested in having the Spotlight on your Community Organisation?*** Mayo PPN is currently running a series called ‘Community Spotlight’. It involves a weekly feature highlighting PPN groups’ events and activities and is showcased on the PPN website and social media platforms for one week. Send us a short description of your group –150/250 words and 3 or 4 photographsby email to [*mayoppn@mayococo.ie*](mailto:mayoppn@mayococo.ie).

If you would like to find out more about this project have a look at some of the groups that have featured so far, go to: [*Community Spotlight - Mayo PPN*](https://scanner.topsec.com/?d=3188&r=auto&u=https%3A%2F%2Fmayoppn.ie%2Fresources%2Fcommunity-spotlight%2F&t=e6f3f74a9ebf5e68dd0b530a11583082417a0dce).

***Nia Classes in Swinford and Ballina:*** Non-impact aerobics on Mondays at 10am at Swinford Cultural Centre and on Wednesdays at 10am at Ballina Arts Centre. Gentle on joints, great for balance, flexibility and overall fitness. Join at any time. €10 a class. Contact Siobhan at *089 4182740*.

***Marriage Counselling*** is available at Convent Rd., Ballaghaderreen and at Moneen, Castlebar. Enquiries to *087-9972503*.

***Become a Volunteer for Children with a Disability:*** Have you some free time on your hands or have you always been thinking of becoming a volunteer to help those in your community? Enable Ireland Mayo Services require volunteers in all areas of County Mayo to work with children with a disability. Our volunteers usually work one-to-one with a child within their home but also within their community or at our centre in Castlebar. No more than three hours are required per week. We work around your availability to make this exciting opportunity suit your lifestyle. Training is also provided. If you are interested please email *sduffy@enableireland.ie* for further information. This is a very rewarding role and our Volunteers are very positive about their experience.

***FACT Social Club:*** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Monday to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at [*factsocialclub1@gmail.com*](mailto:factsocialclub1@gmail.com) or telephone *094- 9256662*.

***Free Advertising with Mayo PPN:*** Are you holding a community event/activity? Email your details with a Jpeg poster to [*mayoppn@mayococo.ie*](mailto:mayoppn@mayococo.ie). We will circulate via the PPN social media platforms to our 1,000 plus community groups.

***Mindspace Mayo:*** Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit *www.mindspacemayo.ie* or call *094-9067001*.

***Gianna Care***provides help to anyoneexperiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See *giannacare.ie*.

***Mayo Cancer Support*** provides FREE support services to those affected by cancer. Call *(094) 9038407*.

***Hospital & Home Visits/Family Deaths:*** *If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please make contact by phone or email.*

***SAFEGUARDING CONTACTS:***

**Designated Liaison Persons:**

***Diocese of Elphin:***

***•***Mary Nicholson, St. Mary’s, Temple Street, Sligo. Tel: *086 3750277*.

•Anne Leonard, c/o St. Mary’s, Temple Street, Sligo. Tel: *087 6474136*.

***Diocese of Achonry:***

***•***Helen Diskin, Bishop’s House, Convent Road, Ballaghaderreen. Tel: *087 0516888*.

***TUSLA (Child and Family Agency) – Duty Social Work Contact Details:***

Sligo *071-9155133*.

Leitrim *071-9650324*.

Roscommon *090-6637528*.

Galway *091-546366*.

Athlone *090-6483106*.

Mayo *094-9042283*.

***Garda Confidential Service:***

*1800 555 222*



**PRAYER FOR HEALING OF**

**SURVIVORS /VICTIMS OF ABUSE**

***God of endless love,***

***ever caring, ever strong,***

***always present, always just:***

***You gave your only Son***

***to save us by the blood of his cross.***

***Gentle Jesus, shepherd of peace,***

***join to your own suffering***

***the pain of all who have been hurt***

***in body, mind, and spirit***

***by those who betrayed the trust placed in them.***

***Hear our cries as we agonize***

***over the harm done to our brothers and sisters.***

***Breathe wisdom into our prayers,***

***soothe restless hearts with hope,***

***steady shaken spirits with faith:***

***Show us the way to justice and wholeness,***

***enlightened by truth and enfolded in your mercy.***

***Holy Spirit, comforter of hearts,***

***heal your people’s wounds***

***and transform our brokenness.***

***Grant us courage and wisdom, humility and grace,***

***so that we may act with justice***

***and find peace in you.***

***We ask this through Christ, our Lord. Amen.***

***United States Conference of Catholic Bishops***



