



***14th/15th:***

***Bohola:***

€663.

***Straide:***

€498.

*Thanks for all your*

*contributions.*

**Bohola/Straide/Shraheens Newsletter**

**Stephen O’Mahony PP/Adm – 094-9384115/086-8226405 –** [**boholaparish@gmail.com**](mailto:boholaparish@gmail.com) **(email for newsletter) pppppp**Newsletter available on *mayo.ie* website and *Straide Parish Facebook* page

**25th Sunday in Ordinary Time – 22nd September 2024**

###### The Week Ahead

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| **Saturday, September 21st.** | **10.00am*\** *Bohola***  **3.30pm *Straide***  **8.00pm *Straide*** | **Funeral Mass of Bríd (Bridget) McNicholas, Castlebar & Altbaun.**  **Sarah Stephens, Castlebar, London & Belmullet. (Month’s Mind)**  **Michael & Doreen Mulroy, Bohergloss.**  **Ellie & Patrick Maloney and their son, Michael, Ummoon.** |
| **Sunday, September 22nd.** | **9.30am*\* Shraheens***  **11.00am*\** *Bohola*** | **Teresa O’Brien, Tavanaughkanaffe (4th Anniversary), her husband Pake, their son Noel and daughter Ita Sloyan.**  **Bridie Lavelle, Bohomore, her daughter Karyn, and her parents Thomas and Kathleen McNicholas.**  **Jim Cunningham, uncle of Imelda Watson, Bohola. (1st Anniversary)**  **Tommy & Bridgie Byrne, Carrowkeel, their son Tom (Tommy) and granddaughter, Annemarie Byrne - Cunningham.**  **Bridie Malee (5th Anniversary), & her husband John, Shanaghy.**  **John (George) Aitken, Barleyhill and Dromintee and deceased members of the Aitken, Phillips and Mulholland families.**  **Mary Ivers and Patrick & James McNicholas, Althbawn.** |
| **Monday, September 23rd.** | **10.00am *Straide*** | **For all the People.** |
| **Tuesday, September 24th.** | **7.30 – 8.30pm** | **No Mass.**  **Adoration of the Blessed Sacrament in Straide.** |
| **Wednesday, September 25th.** | **10.00am**  **5.00 – 10.00pm** | **Private Intention….*..….(Adoration follows until 12 noon)***  **Adoration of the Blessed Sacrament. *(Blessed Sacrament Chapel)*** |
| **Thursday, September 26th.** | **10.00am** | Private Intention. |
| **Friday, September 27th.** | **10.00am *Straide*** | **Private Intention.** |
| **Saturday, September 28th.** | **8.00pm *Straide*** | **Bridget O’Grady, Coolkeevane (8th Anniversary), her husband Francis, and her parents Pat & Kate Lavelle** |
| **Sunday, September 29th.** | **9.30am *Shraheens***  **11.00am*\** *Bohola*** | **Private Intention.**  **For all the People.** |
| ***The Bohola weekend Mass will be live-streamed on the Bohola Post Facebook Page every weekend.***  ***Any other Bohola Masses are put online when requested. (Marked with \* above)***  ***All Bohola Masses will be broadcast on the 105.5 FM Radio channel.***  ***All Straide Masses can be seen live on www.straideparish.com or www.churchtv.ie/straide.*** | | |

***Recent Deaths:*** Please pray for the happy repose of the souls of the following:

*Karyn Lavelle*, Moneen, Castlebar, and formerly of Bohomore, who died on Saturday, September 14th and whose funeral took place in Balla on Wednesday followed by cremation in Shannon Crematorium.

*Bríd (Bridget) McNicholas*, Castlebar and late of Altbaun, who died on Wednesday last, September 18th and whose funeral took place in Bohola on this Saturday.

*Nora Carney (nee McDonnell)*, Trim, Co Meath, formerly of Toughnane who died on Monday last, September 16th and whose funeral took place in Trim on Thursday. She was first cousin of the late Jack McDonnell, Toughnane.

We extend sympathy to their families and pray they are at peace.

***Straide Harvest Mass of Thanksgiving*** takes place on Sunday, October 6th at 11.00am. It has been suggested that we seek donations of some of the fruits of your labours that can be sold after Mass with proceeds going towards the update of our website. The garage will be open the preceding week to store turf, straw, timber etc. Donations of bread, jams, eggs, vegetables, oats, wheat etc. will also be gratefully accepted. It would seem best to sell larger items like straw and turf from the garage and all smaller produce will be sold in the hall where people can have a chat over a tea, coffee or both!

***St. Bernadette Relics Visit to Achonry:*** The Relics of St Bernadette will be visiting our Diocese on Saturday, 5th and Sunday, 6th October in the Cathedral, Ballaghaderreen. Full details of the programme can be seen on church noticeboards and on the extended online newsletter.

***Bohola Post 2024:*** Preparations are currently underway for the 2024 edition of The Bohola Post. The committee is asking that you submit your news, articles and photos as soon as possible and **not later than October 31st**. Material submitted after that date cannot be included. Please send your contributions or any queries via email to [***boholapost@gmail.com***](mailto:boholapost@gmail.com).

***Bohola Coffee Morning & Bake Sale:*** The annual coffee morning in aid of Mayo Roscommon Hospice will take place in Bohola Community Centre on Thursday, 26th September from 10am to 2pm. Please support this very worthy cause. New helpers welcome to help out on the day or to do some baking. Please contact Vera on *087- 6401155* if interested.

***Straide Coffee Morning/Day*** will take place in the home of Michael and Nora McNicholas, Tavnabeg (F26 CP38) on Thursday, September 26th from 10am to 10pm. All proceeds are in aid of Hospice. All are welcome and bring a friend!

***Achonry/Elphin Meetings:*** Thanks to all who attended the meeting in Kiltimagh on Wednesday evening. It is the beginning of a discernment process which will eventually see the two dioceses merge. Many further conversations will no doubt take place before that merger becomes a reality. In the meantime, for anyone who wishes to add their voice at this stage, the remaining meetings take place on Wednesday 25th September in the Athlone Springs Hotel (7pm to 9pm), on Monday 30th September in An Chroi Digital Hub, Tubbercurry (7pm to 9pm) and on Saturday 5th October in Tully’s Hotel, Castlerea (11am to 1pm). Feel free to join the conversation at any of the venues..

***The Achonry Pioneer Total Abstinence Association Mass and AGM*** takes place on Tuesday, 24th September at 8pm in the Pastoral Centre, Charlestown. All Pioneers are welcome to attend.

***“Welcome To The Family” - Exploring the Sacraments of Baptism, Eucharist and Confirmation:*** This series will take place on Monday evenings from **Monday 7th October** to Monday 2nd December inclusive from 8pm to 9.15pm in Knock Prayer Centre. The talks by Fr. Eugene Duffy will explore the meaning and importance of these Sacraments and will be of particular interest to parents preparing children for these Sacraments, for parish teams and for those who wish to better understand the reason why these Sacraments are central elements in our lives as Catholics. Please note that they start a week later than previously advertised. Full details are on church noticeboards.

***Young Adult Faith Weekend - September 27th to 29th:*** Join other young adults aged 18 to 35 for a weekend of faith, craic and time out in Mullaghmore with its amazing retreat house and fantastic beach. This event is organised by the young adult ministries of the Dioceses of Elphin, Galway, Clonfert and Achonry. Cost is €80. For more information/booking see Eventbrite: "young adult faith weekend" or please contact the priest of the Parish or the Parish Office.

***Bereavement Support Group:*** Life after bereavement can feel empty and lonely. Sometimes spending time with others who know the experience can be helpful. Trained facilitators conduct a weekly Bereavement Support Group meeting at the Family Centre, Knock each Wednesday at 11am. No booking required. Further information from Monica Morley on *094-9375320*.

***New Pilgrim Path Website of the Week, Sunday, September 22nd:*** *Ecological Examen ….* The 500-year old Ignatian Examen is a daily prayer of review, used across many Christian denominations. The purpose is to discern the ways in which God has been present to you, the times when the Holy Spirit was drawing you towards life. A special ‘Ecological Examen’ has been developed as a tool for reflection and action to help deepen our call to care for creation and the most vulnerable.

Engage with this valuable resource at: ***www.newpilgrimpath.ie***.

***FACT Social Club:*** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Monday to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at [*factsocialclub1@gmail.com*](mailto:factsocialclub1@gmail.com) or telephone *094- 9256662*.

***Moy Davitts 50/50 Draw:*** Congratulations to Fr. Padraig Costello who won a jackpot of €534 in the Moy Davitts 50/50 draw last Saturday. A huge thank you to everyone who supported last week's draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by and by playing on the club app (Moy Davitts GAA).

***Social Bingo*** continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.30pm for a **9.00pm start**.

***Nia Classes:*** Nia - simple dance, martial arts and yoga practiced barefoot to music. Classes on Sundays at 7:30pm and Mondays at 10am at the Swinford Cultural Centre from September. €10 or bring a friend for free (€5 each). Please contact Siobhan at *089-4182740*.

***Market @ the Plaza:*** takes place this Sunday at Pope Francis Plaza, adjacent to Knock Shrine (F12 Y226) from 10am to 3pm. Contact [*leoniekilroy@gmail.com*](mailto:leoniekilroy@gmail.com). We look forward to seeing you in Knock.

***Living Well*** is a free HSE programme which helps people living with a long-term health condition to manage their condition and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops.

The next programme in Ballinrobe commences on Thursday, 31st October. The programme is delivered over six weekly workshops (2.5 hrs x 6) by trained leaders. Advance registration is required. To find out more, please contact Liam Gildea on *086-0142675* or by email at *lgildea@southmayo.com*.

***Other still relevant notices from previous newsletters are included in the online Extended Newsletter.***

***Whatever you do in life, give 100%......unless you’re donating blood!***

***Extended Online Newsletter***

***Formation of Baptism Teams:*** The Diocesan Pastoral Leadership Team has asked that each parish put in place a Baptism Team this year and nominees are to be forwarded by September 16th. A more comprehensive explanation of what is involved is published in the online extended newsletter and on notices in church porches

Anyone interested in putting their name forward is asked to do so by emailing either [*straidepastoralcouncil@gmail.com*](mailto:straidepastoralcouncil@gmail.com) or *boholaparish@gmail.com* as soon as possible. Please note that training will be provided for those taking up this ministry.

If you have any further queries, please do not hesitate to get in contact with Fr. Stephen or any PPC member.

***Marriage Counselling*** is available at Convent Rd., Ballaghaderreen and at Moneen, Castlebar. Enquiries to *087-9972503*.

***Vacancies on the TUS Programme at the Fr. Peyton Centre Attymass:*** There are two vacancies for 1 year. The participant will work 19.5 hours per week, and they must be in receipt of Jobseekers Allowance or Jobseekers Benefit and have been fully unemployed for the past 12 months. A small top up is paid on top of your Jobseekers Allowance. Persons on the scheme may work legitimately for the remaining 19.5 hours of the week. Persons coming onto the scheme will have their wages paid into their bank account so it is vital that you have a bank account.

*Position 1* – Delivery of ‘meals on wheels’. Full clean driving licence and Garda Vetting are required.

*Position 2* – General Operative – working in the centre, cleaning and any other duties requested by the centre manager.

Informal enquiries may be made to the Manager at the Fr. Peyton Centre on *(096) 45154*. Elizabeth Fair – TUS Supervisor (087) 2073145.

***Free Advertising with Mayo PPN:*** Are you holding a community event/activity? Email your details with a Jpeg poster to [*mayoppn@mayococo.ie*](mailto:mayoppn@mayococo.ie). We will circulate via the PPN social media platforms to our 1,000 plus community groups.

***Train to Become a Care Giver?*** Mayo Training Institute in Castlebar is running a QQI Care Skills, QQI Care of the Older Person and Patient Moving & Handling course, 7 days over 4 weeks, classroom based. Dates: September 12th, 18th, 19th, 25th, 26th, and October 2nd and 3rd. More information on *094 9027587* or email [*info@mayotraininginstitute.ie*](mailto:info@mayotraininginstitute.ie).

***Mayo Recovery College*** will facilitate a suite of mental health & wellbeing modules taking place on the following dates throughout September in the Atlantic Technological University in Castlebar (online option also): ‘Let’s talk about stress’ on Tuesday 10th & 17th at 10am; ‘Wellness Recovery Action Plan (WRAP)’ on Wednesday 11th, 18th and 25th at 10am; ‘Recovery, let’s talk’ on Thursday 12th & 19th at 5pm; ‘Looking after our mental health while online’ on Tuesday 24th at 10am; and ‘Exploring Anger’ on Thursday 26th at 5pm. Call/Text Karen McHale on *086-0294901* or email [*recovery.educatormrc@hse.ie*](mailto:recovery.educatormrc@hse.ie) to register. See *www.recoverycollegewest.ie* New and existing participants are warmly invited to attend.

***Catholic Marriage Encounter*** is a weekend experience for married couples who want something more in their marriage – more fun, spontaneity, excitement, communication, understanding, romance, intimacy, passion, joy. Our next *Marriage Enrichment Weekend* runs from Friday 8th to Sunday 10th November in the Focolare Centre, Prosperous, Co Kildare. Online booking at [*www.marriageencounter.ie*](http://www.marriageencounter.ie/).

***Mindspace Mayo:*** Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit *www.mindspacemayo.ie* or call *094-9067001*.

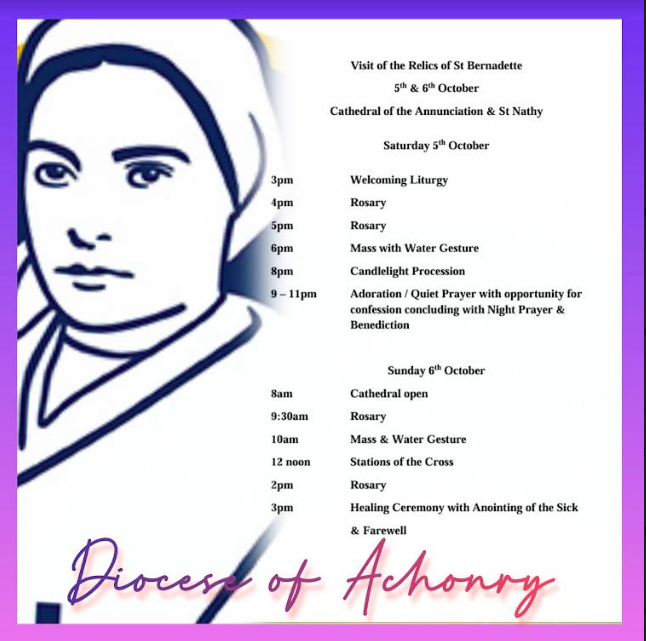
***SeniorLine - Would like someone to talk to?*** SeniorLine is Ireland's national telephone service for older people open every day of the year from 10am to 10pm, Freephone *1800 80 45 91*. Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone if sharing a problem would help. Phone SeniorLine *1800 80 45 91*, open every day of the year, 10am to 10pm.

***Gianna Care***provides help to anyoneexperiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See *giannacare.ie*.

***Mayo Cancer Support*** provides FREE support services to those affected by cancer. Call *(094) 9038407*.

***North West STOP*** offers a *free counselling* service with no waiting lists. Call or text *086-7772009* to arrange an appointment.

***Hospital & Home Visits/Family Deaths:*** *If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please make contact by phone or email.*



***Formation of Baptism Teams***

The Diocesan Pastoral Leadership Team has agreed that each of the parishes should put in place a baptism team this year. The plan is that each parish, would recruit at least four people who would visit each family presenting a child for baptism. On that visit they would provide the family with an outline of the baptismal liturgy and answer basic questions the parents may have about what may be required of them in celebrating the baptism. It is envisaged that it would be a very short visit, involving two members of the team, and that it would be an indication of the welcome that the parish has for its newest member. It is also a way of putting the family at ease around the liturgy itself.

It is suggested that each parish provide nominees for this ministry by September 16th. In choosing people for this ministry, it is important that they are sensitive to the realities of family life today and to the variety of faith perspectives among younger parents. It is important that the members of the team be people of faith themselves, but not crusading or overbearing in their approach to people. They need to be people who are gentle, empathetic and of good standing in their communities.

Once the nominations have been received, a short training program will be put in place to prepare you for your ministry.

If there is anyone that is interested in putting their name forward, please do so with your details to the following email: ***boholaparish@gmail.com*** or ***straidepastoralcouncil@gmail.com*** by September 14th.

If you have any further queries, please do not hesitate to get in contact with Fr. Stephen or any member of the Pastoral Council.

***SAFEGUARDING CONTACTS:***

**Designated Liaison Persons:**

***Diocese of Elphin:***

***•***Mary Nicholson, St. Mary’s, Temple Street, Sligo. Tel: *086 3750277*.

•Anne Leonard, c/o St. Mary’s, Temple Street, Sligo. Tel: *087 6474136*.

***Diocese of Achonry:***

***•***Helen Diskin, Bishop’s House, Convent Road, Ballaghaderreen. Tel: *087 0516888*.

***TUSLA (Child and Family Agency) – Duty Social Work Contact Details:***

Sligo *071-9155133*.

Leitrim *071-9650324*.

Roscommon *090-6637528*.

Galway *091-546366*.

Athlone *090-6483106*.

Mayo *094-9042283*.

***Garda Confidential Service:***

*1800 555 222*

**PRAYER FOR HEALING OF**

**SURVIVORS /VICTIMS OF ABUSE**

***God of endless love,***

***ever caring, ever strong,***

***always present, always just:***

***You gave your only Son***

***to save us by the blood of his cross.***

***Gentle Jesus, shepherd of peace,***

***join to your own suffering***

***the pain of all who have been hurt***

***in body, mind, and spirit***

***by those who betrayed the trust placed in them.***

***Hear our cries as we agonize***

***over the harm done to our brothers and sisters.***

***Breathe wisdom into our prayers,***

***soothe restless hearts with hope,***

***steady shaken spirits with faith:***

***Show us the way to justice and wholeness,***

***enlightened by truth and enfolded in your mercy.***

***Holy Spirit, comforter of hearts,***

***heal your people’s wounds***

***and transform our brokenness.***

***Grant us courage and wisdom, humility and grace,***

***so that we may act with justice***

***and find peace in you.***

***We ask this through Christ, our Lord. Amen.***

***United States Conference of Catholic Bishops***