

***21st /22nd:***

***Bohola:***

€760.

***Straide:***

€433.

*Thanks for all*

*your generous contributions to*

*both the Offertory and the priest’s Christmas collection.*

 **Bohola/Straide/Shraheens Newsletter**

**Stephen O’Mahony PP/Adm – 094-9384115/086-8226405 –** [**boholaparish@gmail.com**](mailto:boholaparish@gmail.com) **(email for newsletter) pppppp**Newsletter available on *mayo.ie* website and *Straide Parish Facebook* page

**The Holy Family of Jesus, Mary and Joseph – 29th December 2024**

###### The Week Ahead

|  |  |  |
| --- | --- | --- |
| **Saturday, December 28th.** | **7.00pm *Bohola*** | **Mary Durkan (11th Anniversary) & her husband Johnny, Carroward.** |
| **Sunday, December 29th.** | **9.30am *Shraheens***  **11.00am  *Straide*** | Sonny McNicholas, Carrowntleva, & deceased of McNicholas & Mullaney families.  Kathleen & Joe Earley, Knocksaxon, their son Thomas and deceased of the Earley and Burke families. |
| **Monday, December 30th.** |  | **No Mass.** |
| **Tuesday, December 31st.** | **7.00pm *Bohola*** | **End of Year Mass.** |
| **Wednesday, January 1st.** | **11.00am  *Straide***  **6.00 – 8.00pm** | **Special Intention.**  **Adoration of the Blessed Sacrament in Bohola.** |
| **Thursday, January 2nd.** | **7.00pm *Straide*** | Peter Murphy, Ummoon. (3rd Anniversary) |
| **Friday, January 3rd.** | **10.00am** | **Private Intention.** |
| **Saturday, January 4th.** | **12 noon *Bohola***  **7.00pm *Straide*** | **Bill Walsh, Lismirrane. (1st Anniversary)**  **Gráinne Flynn, Drumcondra, Dublin. (Month’s Mind)**  **Bertie Rainey, his son Dominic and his wife Carmel, his sister Eileen and deceased of the Rainey family, Blanemore.**  **Celia Devaney, Ummoon (13th Anniversary) and deceased of Devaney & Dunleavy families** |
| **Sunday, January 5th.** | **9.30am *Shraheens***  **11.00am *Bohola*** | Private Intention.  **For all the People.** |
| ***All Masses in Straide (***[***www.churchtv.ie/straide/)*** ***and***](http://www.churchtv.ie/straide/)%20and) ***Bohola (***[***www.churchtv.ie/bohola/***](www.churchtv.ie/bohola/)***) are live-streamed.***  ***Shraheens Mass will be live-streamed on the Bohola Post Facebook Page when requested. (Marked by \* above)***  ***All Bohola Masses will be broadcast on the 105.5 FM Radio channel.*** | | |

***Recent Death:*** Please pray for the happy repose of the soul of *Tom Kelly*, Southgate, London and formerly of Altinea, who died peacefully at his home earlier this week. Predeceased by his wife Mae (nee King) and sister Anna Scott. He was the brother of Kathleen Good, Knockmore. Bill, Ennis. Bridie Moran, Galway and Anthony, Altinea. Funeral arrangements will be announced later. May he Rest In Peace.

***Sincere Thanks*** to all in Bohola, Straide and Shraheens who were involved in our Christmas liturgies and to all who attended. A full church makes such a difference to the quality of the celebration. Grateful appreciation to Fr. John Cunningham for celebrating Mass in Bohola on Christmas Day, thus solving our bi-location problems! A special word of thanks to those who took care of all the practical arrangements both inside and outside the churches. Thanks to our choirs and musicians, altar servers, readers, Ministers of Communion, sacristans, collectors and counters, those who decorate our churches with flowers, cribs, Christmas trees, lights and wreaths, paintings and candles. All of this happens not only at Christmas but throughout the year and for that we are extremely grateful. Thanks also to all who serve on various committees. May God bless all who contribute in so many ways to the Church and our parish communities and may the good work and generous giving of your time and resources continue in 2025.

***Micksey Clarke Remembered:*** A heartfelt thanks to Bill Durkan for generously sponsoring the Bohola church new streaming service with Church TV, in loving memory of his dear friend, the late Micksey Clarke. This service allows people near and far to join in Masses, funeral services and celebrations, bringing our community closer together no matter the distance. You can access the service by visiting [*www.churchtv.ie/bohola/*](www.churchtv.ie/bohola/) or by searching 'Church TV Bohola' on any search engine.

Special thanks also to a good friend of Micksie’s in the US, who wishes to remain anonymous, who donated a set of white vestments in his memory. These vestments were worn for the first time at Mass on Christmas Eve.

***Adoration of the Blessed Sacrament*** will take place in Bohola this week (next year!) from 6.00 to 8.00pm and will return to its regular times the following Wednesday, January 8th.

There is no Adoration in Straide this week but it will return to its usual time (Tuesdays 7-8pm) from Tuesday, January 7th.

***Fr. Peyton Centre Attymass Christmas Opening Hours:*** Closed from 2pm on Friday, 20th December until Thursday 2nd January at 9.30am. The Knock Centre is now closed until Saturday, 25th January.

The management and staff wish you a very Happy and peaceful New Year and thank you for your continued support.

***Bohola Parish Challenge and Family Walk:*** This Sunday, December 29th is your chance to work off the Christmas calories with the *Bohola Parish Challenge*, characterised as a Camino Walk through the 30 townlands of the parish. It departs from Shraheens after the 9.30am Mass. For the more faint-hearted, the *Family Walk* departs from Bohola NS at 2.00pm. Registration is on the day - €20 per family, €10 per person with all proceeds going to Bohola NS.

Both events will finish with refreshments in The Village Inn.

***Shraheens Defibrillator:*** There is no defibrillator in the locality of Shraheens Mass Centre and surrounding area. We are purchasing a defibrillator as soon as we have enough funds and will locate it outside the Mass Centre. We would appreciate any donations no matter how small or big to help make this a reality. For information or if you wish to make a donation, please contact Mary O Brien, Colm Carney or Sean Galligan on *087-2775740*. Happy New Year to all.

***Moy Davitts 50th Anniversary Commemorative Book:*** The Moy Davitts GAA book is now available for sale in the following outlets: Clarke's Yourstop, Bohola; McGloins Gala, O'Hara's Centra, Gannon's Post Office, Reapes and the Foxford Wollen Mills; Bookstand (Eason’s) in Ballina and Castlebar and in Castle Bookshop, Castlebar.

***Moy Davitts LGFA AGM*** takes pla***ce*** on Monday, 6th January at 7.00pm in Bohola Community Centre. All welcome. We are currently looking to fill the positions of Secretary, Treasurer and PRO. If you would like to get involved with the club, contact [*moydavitts.mayo@lgfa.ie*](mailto:moydavitts.mayo@lgfa.ie).

***Straide Church Rotas for January***

***First Reading:*** Michael Kelly.

***Second Reading:*** Carmel Neary.

***Prayers of the Faithful:*** Servers.

***Minister of Communion:*** Gráinne McHale.

***Offertory Collectors:*** Denis Canning & Seamus Maloney.

***Opening/Closing Church:*** Frances Regan.

***SeniorLine - Would You Like Someone to Talk to?*** SeniorLine is Ireland's national telephone service for older people, open every day of the year from 10am to 10pm, Freephone *1800 80 45 91*. Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone if sharing a problem would help. Phone SeniorLine *1800 80 45 91*, open every day of the year, 10am to 10pm.

***Social Bingo*** continues every Monday in The Sheridan Community Centre, Bohola. Doors open at 8.00pm for **8.30pm start**.

***St. Josephs Secondary School, Foxford Lotto:*** Please support the NEW St. Josephs Secondary School, Foxford lotto. Contact *094-9256145* for more details. Link to enter (€2.50 per line): *https://www.ourfundraiser.ie/org/stjosephsfoxford/*.

***Home Instead Mayo*** is urgently looking for CareAssistants in all areas of Mayo. Help us provide care to someone inneed near you today! Training and support provided. Call *094-9044785* or email [*siobhan.brennan@homeinstead.ie*](mailto:siobhan.brennan@homeinstead.ie).

***Mayo Cancer Support*** provides FREE support services to those affected by cancer. Call *(094) 9038407*.

***Other still relevant notices from previous newsletters are included in the online Extended Newsletter.***

***A Prayer for Parents***



Lord, grant us children,

who will be strong enough to know when they are weak

and brave enough to face themselves when they are afraid;

who will be proud and unbending in defeat, and humble and gentle in victory.

Grant us children, whose wishes will not take the place of their deeds;

children who will know You and know themselves.

Lead them, we pray, not in the path of ease and comfort,

but rather in the path of difficulties and challenges.

Grant us children, children whose hearts will be clean, whose goals will be high;

children who will master themselves before they seeks to master others;

ones who will learn to laugh, yet never forget how to weep;

ones who will reach into the future, yet never forget the past.

And after all these things are theirs, add we pray,

enough of a sense of humour, so that they may always be serious,

yet never take themselves too seriously.

Give them humility, so that they may always remember the simplicity of greatness,

the open mind of true wisdom and the meekness of true strength.

Then we, their parents, will dare to whisper, “I have not lived in vain.”

*(Adapted from a prayer by General Douglas MacArthur)*

***May your troubles last no longer than your New Year resolutions!***

**Wishing everybody a happy, healthy and peaceful 2025**

***Extended Online Newsletter***

***Ballina Bereavement Support Group:*** Life after a bereavement can feel very lonely especially as we approach Christmas. Sometimes spending time, talking and sharing with others who share that experience can be helpful. Trained facilitators conduct a monthly Bereavement Support Group meeting at the Newman Institute on the second Wednesday of each month at 8pm. Next meeting is Wednesday, 11th December. All are welcome.

***Interested in having the Spotlight on your Community Organisation?*** Mayo PPN is currently running a series called ‘Community Spotlight’. It involves a weekly feature highlighting PPN groups’ events and activities and is showcased on the PPN website and social media platforms for one week. Send us a short description of your group –150/250 words and 3 or 4 photographsby email to [*mayoppn@mayococo.ie*](mailto:mayoppn@mayococo.ie).

If you would like to find out more about this project have a look at some of the groups that have featured so far, go to: [*Community Spotlight - Mayo PPN*](https://scanner.topsec.com/?d=3188&r=auto&u=https%3A%2F%2Fmayoppn.ie%2Fresources%2Fcommunity-spotlight%2F&t=e6f3f74a9ebf5e68dd0b530a11583082417a0dce).

***Nia Classes in Swinford and Ballina:*** Non-impact aerobics on Mondays at 10am at Swinford Cultural Centre and on Wednesdays at 10am at Ballina Arts Centre. Gentle on joints, great for balance, flexibility and overall fitness. Join at any time. €10 a class. Contact Siobhan at *089 4182740*.

***Marriage Counselling*** is available at Convent Rd., Ballaghaderreen and at Moneen, Castlebar. Enquiries to *087-9972503*.

***Become a Volunteer for Children with a Disability:*** Have you some free time on your hands or have you always been thinking of becoming a volunteer to help those in your community? Enable Ireland Mayo Services require volunteers in all areas of County Mayo to work with children with a disability. Our volunteers usually work one-to-one with a child within their home but also within their community or at our centre in Castlebar. No more than three hours are required per week. We work around your availability to make this exciting opportunity suit your lifestyle. Training is also provided. If you are interested please email *sduffy@enableireland.ie* for further information. This is a very rewarding role and our Volunteers are very positive about their experience.

***FACT Social Club:*** We are an independent community-based service here in Foxford, Co Mayo, and we support people living with Dementia or in rural isolation. We are open Monday to Friday and provide social interaction, activities and much more in a safe and supported environment. If you would like more information on the services we offer, please contact us at [*factsocialclub1@gmail.com*](mailto:factsocialclub1@gmail.com) or telephone *094- 9256662*.

***Free Advertising with Mayo PPN:*** Are you holding a community event/activity? Email your details with a Jpeg poster to [*mayoppn@mayococo.ie*](mailto:mayoppn@mayococo.ie). We will circulate via the PPN social media platforms to our 1,000 plus community groups.

***Mindspace Mayo:*** Mindspace Mayo offers a free support service to young people (12-25yrs) in Co. Mayo, presenting with anything from common concerns (e.g. dealing with break-up, exam stress, bullying) to emerging mental health difficulties like mild depression and anxiety. Mindspace is located in Market Square, Castlebar and anyone can make a referral. Visit *www.mindspacemayo.ie* or call *094-9067001*.

***Gianna Care***provides help to anyoneexperiencing an unexpected pregnancy, or who needs help following an abortion. Their trained client advocates, counsellors, nurses and doctors are there to help. See *giannacare.ie*.

***Mayo Cancer Support*** provides FREE support services to those affected by cancer. Call *(094) 9038407*.

***North West STOP*** offers a *free counselling* service with no waiting lists. Call or text *086-7772009* to arrange an appointment.

***Hospital & Home Visits/Family Deaths:*** *If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please make contact by phone or email.*

***SAFEGUARDING CONTACTS:***

**Designated Liaison Persons:**

***Diocese of Elphin:***

***•***Mary Nicholson, St. Mary’s, Temple Street, Sligo. Tel: *086 3750277*.

•Anne Leonard, c/o St. Mary’s, Temple Street, Sligo. Tel: *087 6474136*.

***Diocese of Achonry:***

***•***Helen Diskin, Bishop’s House, Convent Road, Ballaghaderreen. Tel: *087 0516888*.

***TUSLA (Child and Family Agency) – Duty Social Work Contact Details:***

Sligo *071-9155133*.

Leitrim *071-9650324*.

Roscommon *090-6637528*.

Galway *091-546366*.

Athlone *090-6483106*.

Mayo *094-9042283*.

***Garda Confidential Service:***

*1800 555 222*

**PRAYER FOR HEALING OF**

**SURVIVORS /VICTIMS OF ABUSE**

***God of endless love,***

***ever caring, ever strong,***

***always present, always just:***

***You gave your only Son***

***to save us by the blood of his cross.***

***Gentle Jesus, shepherd of peace,***

***join to your own suffering***

***the pain of all who have been hurt***

***in body, mind, and spirit***

***by those who betrayed the trust placed in them.***

***Hear our cries as we agonize***

***over the harm done to our brothers and sisters.***

***Breathe wisdom into our prayers,***

***soothe restless hearts with hope,***

***steady shaken spirits with faith:***

***Show us the way to justice and wholeness,***

***enlightened by truth and enfolded in your mercy.***

***Holy Spirit, comforter of hearts,***

***heal your people’s wounds***

***and transform our brokenness.***

***Grant us courage and wisdom, humility and grace,***

***so that we may act with justice***

***and find peace in you.***

***We ask this through Christ, our Lord. Amen.***

***United States Conference of Catholic Bishops***



